

Key : Topics grouped by colors					
Biomechanics	COVID-19	Dance for Health	Dance Science in the Field/ Practice		
Education	Foot and Ankle	Future of Dance	General Clinical	Hypermobility	
Mental Health	Nutrition	Physical Training	Research	Screening	

31st Annual Conference: Virtual Program						
	ı	3 ist Annual (ram	
8:00- 8:40am (MT)	Grab your beverage	Welcome Coffee Time Grab your beverage of choice and drop-in anytime before the Welcoming Ceremonies say hello to all registred attendees and kick start the conference!				
8:40-9:00 am (MT)	Welcome by IAI	DMS Board President <u>Pe</u>	ter Lewton-Brain, DO, MA	Ceremonies L Sponsorship Acknowle ledgment	dgements, Honorary & Fe	eature Members
				Speaker		
9:00-10:00am			lar physiology: froi			
		<u> </u>	oger Enoka, PhD, U Q&A @ 9:	iniversity of Colora 50am (MT)	αo	
	Channel 1	Channel 2	Channel 3	Channel 4	Channel 5	Channel 6
	Dance Science in the Field	Dance for Health	Physical Training	General Clinical	Mental Health	Dance Training
	Teacher/master created motivational climate and musculoskeletal injuries in ballet dancers_ludith_Elisa Kaufmann MAS	Dance for health: a new framework for research <u>Ashley McGill</u> <u>PhD. MS/c</u>	How fit are youth dance team dancers? Meredith Butulis. DPT. CSCS	Insights into novel monitoring of dancer health and performance at Scottish Ballet Nicola Keay, MA, MBRS, Martin Lanfear, BSc, MS/c	● # Resilience and optimal rehabilitation outcome in a dancer; a multidisciplinary panel presentation <u>Kendall</u> Alway, DPT, PT, Nancy Kadel, MD, Paula	➤ Building the Muscles of the Knee and Understanding Control of Hyperextension In External Rotation of the Hip. <u>Gregory Gonzales</u> . BA. Amy Anderson BA.
			© Cross-training modalities for injury prevention and performance-based improvements in postsecondary dance students Isahella Gonzales. BA. Kristi Franks. BA. Ali Duffy. MFA. PhD. Tanya.		Thomson PsyD	NCPT
10:00-11:00am		• How to design dance programs for older adults that optimise the potential health benefits: Synthesising the current evidence Martha Waugh. MA, Grad Dip Psych		ACL injury and reconstruction surgery in male professional ballet dancers: a descriptive analysis of a case series Amanda Blackmon, BS. DPT. Ann MacDougall BS. DPT. Kendra Gage BA.		
			A quasi-experimental assessment of the effects of cycling based high intensity interval training and protein supplementation among collegiate dancers <u>Hannah</u> <u>Bideganeta</u> <u>BS</u>	DPT. Catherine Mercurio. BS. DPT. Holly Burns BA. DPT		
			Prevalence of strength training for student and professional dancers Claire Farmer, MS/c, BA			
10:50-11:00am (MT)	Q&A: Dance Science for H	in the Field & Dance ealth	Q&A: Physical Tr Clin		Q&A: Mental Healt	h & Dance Training
	Channel 1	Channel 2	Channel 3	Channel 4	Channel 5	
	Biomechanics	Dance Science in the Field	Dance Science in Practice	Education	Dance Training	
11:00-12:00pm	The Impact Attenuating Properties of Dance Socks – A Mechanical Testing Perspective Alessandra Cory Marcelo, BA	Cerebral phenomena	+ Vestibular system for dancers: utilizing practical strategies Katherine van den. Heuvel. DPT. PAM-MC. Jenna Kantor BA. DPT.	Research in a creative community setting Juanita Patterson-Price. BS. MS/c. Andrea Pass BA. Nicole Pemberton BA	₩ Perceptual effects of tensegrity on classical ballet techniques <u>Akito</u> <u>Miura. PhD. Haruka Seki</u> <u>MS. Takahide Etani PhD.</u>	
	Pointe shoes hardness affects the foot kinematics and dynamics of the ballet dancers Kaho Umegaki. MBBS	Physiological demands of live professional Irish dance performance <u>Sarah</u> . Needham-Beck. MS/c. PhD. Edel Quin BA. MS/C		Influences of dance experience and performer proficiency on impression assessments of observers of the contemporary dance choreographic movement Suzuha Katsu. BA		

						Schedule is s
	Biomechanical	Attentional Focus in		We've got the power -		
	characteristics of Jette	Dance: An Extended		Dance teacher's views		
		Science-Based		on autonomy and person-		
	ballet dancers Misaki	Paradigm Rebecca Gose.		environment fit Michelle		
	<u>Oyama. BS</u>	MFA. Amit Abraham PhD		Dwarika. MA. MAS		
	The effects of lateral			Exploration of the		
	bias in dancers when			Creative Process		
11:00-12:00pm	landing from a Petit Jeté Holly Taylor, MS/c, BA			Alexandra Pooley. MFA. MS/c		
(cont.)	HOILY TAYLOL IVIS/C. BA			IVIS/C		
(00,70,7						
	Facilities about the			O i I i Diff		
	Exploring changes in movement variability in			Considering Difference – Making Dance		
	dancers with fatigue			Accessible <u>Jessica</u>		
	Savrina Goldenberg. MS/c			Lowe, MS/c, Erin Sanchez MS/c		
11:50-12:00pm		Q&A: Dance Science	in the Field & Dance			
(MT)	Q&A: Biomechanics		n Practice	Q&A: Education	& Dance Training	
			Lunch			
		volved! Learn A		• •		ePoster Q&A
12:00-2:00pm	IAI	DMS Committee	Chairs Drop-in	Meet & Greet (N	ЛT)	(12:00-1:00 MT)
	12:00-12:30pm: Dano	e for Health, Research	n, Publications, Profes	sional Development, F	Promotion, Program	(12.00 1.00 1)
		om: Educators, Studer				Charact C
	Channel 1 Dance Science in	Channel 2 Biomechanics	Channel 3 Nutrition	Channel 4	Channel 5	Channel 6
	• Ballet and Bone	Influence of Fatigue	Energy Deficiency in	Physical Training	+ Supplemental training	Education
	Stress Injury (BSI) – An	on Saut de Chat Leap	Dance: Translating	Eight Week CrossFit	for turnout <u>Teal</u>	personal and
	International Survey of	Landing Mechanics Erica	Research into Clinical	Intervention Programme	Darkenwald, BS, MFA,	professional identities in
	Knowledge of Ballet	Burke, BS, MS/c, Danielle	Practice Val Schonberg	on Contemporary Dance	Christina Patsalidou BS.	dance education,
	Teachers Louise	Jarvis PhD. ATC	RDN. CSSD. Courtney	Students Fitness and	MFA .	medicine and science:
	Drysdale. B.Phty. Grad		Gleason MD	Choreography <u>Jeannette</u>		Implications for
	Cert Msk Phty			Ziady. BTech:Dance		diversity, equity, and
	Injury prevention	The principles of	How can nutrition	Janine Lews PhD		inclusion Derrick Brown,
		biomechanics applied to	best support the immune			MS/c. Joe Bowie MFA
	Irish dancing teachers	leaping: implications for	system of the dancer?			K. Michael Rowley PhD.
	An international survey	performance enhancement	Jasmine Challis, RDN.			Victoria Fauntroy MS/c. ATC/ATC. Jia-Xi Lee. BS
	Roisin Cahalan, PhD, PT	and injury risk Paige Rice.	Mres, Meghan Brown			Josh Honrado AT/ATC.
		BS. MS/c. Danielle Jarvis PhD. ATC	BSc. PhD			PhD. Gerdaline Brown.
		PhD, ATC				BFA
	The Prevalence of and	Stabilization of lumbo-	Relative energy	Swim-up barre: an in-		This is an introduction
	Relationship between	pelvic region as important	deficiency in dance:	pool virtual		to the IADMS
2:00-3:00pm	Generalised Joint	element of pointe position	indicators and correlates	demonstration of aquatic		Intersectionality
·	Hypermobility and	in ballet: functional 4D	of low energy availability	exercises for dancers		Taskforce. It will be
	Perfectionism in	analysis of spine and pelvis	in female and male	Katie Rodrick, AT/ATC.		"live" session for open
	Professional Latin	alignment in bare feet	dancers Nicola Keay,	CSCS		discussion. It will
	ballroom dancers Mark	standing and pointe shoes standing position Paulina	MA. MBBS. Stefanie			recorded for attednees
	Pace, BA, MS/c, Wendy	Mira, PT	Potreck MD. RN			to view later.
ŀ	Timmons BPhil. PhD	The effect of pointe				
		shoes condition on the				
		landing impact and				
		postural stability in				
		female ballet dancers				
		Natsuki Yoshida. BHS				
		A biomechanical analysis of				
		the kinetics and kinematics				
		the kinetics and kinematics for eight elite Irish dancers				
		the kinetics and kinematics for eight elite Irish dancers forcefully performing loud				
		the kinetics and kinematics for eight elite Irish dancers				
		the kinetics and kinematics for eight elite Irish dancers forcefully performing loud high impact steps <u>Bernard</u>				
250 700	O&A: Dance Scient	the kinetics and kinematics for eight elite Irish dancers forcefully performing loud high impact steps Bernard Hartigan. BA MA Orfhlaith Ni Bhriain MA.PhD				OSA: Occurs during
2:50-3:00pm (MT)		the kinetics and kinematics for eight elite Irish dancers forcefully performing Ioud high impact steps <u>Bernard</u> Hartigan, BA, MA, Orfhlaith	Q&A: Nutrition	Q&A: Physical Traini	ing & Dance Training	Q&A: Occurs during
		the kinetics and kinematics for eight elite Irish dancers forcefully performing loud high impact steps <u>Bernard</u> <u>Hartigan</u> . RA MA Orthlaith Ni Bhriain MA PhD	Q&A: Nutrition Channel 3	Q&A: Physical Traini Channel 4	ng & Dance Training Channel 5	
	Biomed	the kinetics and kinematics for eight elite Irish dancers forcefully performing loud high impact steps Bernard. Hartigan, BA, MA, Orfhlaith, Ni Bhriain MA, PhD. The in the Field & chanics		•		live session
	Channel 1 Mental Health	the kinetics and kinematics for eight elite Irish dancers forcefully performing loud high impact steps Bernard Hartigan. BA. MA. Orfhlaith. Ni. Bhriain MA. PhD nce in the Field & chanics Channel 2 General Clinical	Channel 3 Dance Training	Channel 4 Dance Training	Channel 5	live session Channel 6 Physical Training
(МТ)	Channel 1 Mental Health The exploration of	the kinetics and kinematics for eight elite Irish dancers forcefully performing loud high impact steps Bernard. Hartigan. BA. MA Orfflaith. Ni Bhriain MA. PhD nce in the Field & chanics Channel 2 General Clinical Prevalence and profile	Channel 3	Channel 4	Channel 5 Research	live session Channel 6 Physical Training
	Channel 1 Mental Health	the kinetics and kinematics for eight elite Irish dancers forcefully performing loud high impact steps Bernard Hartigan. BA. MA. Orfhlaith. Ni. Bhriain MA. PhD nce in the Field & chanics Channel 2 General Clinical	Channel 3 Dance Training Fitness and Fatigue: A Physiological Perspective on Tissue Adaptation for	Channel 4 Dance Training +The Art & Science of Plié: Enhancing Plié Biomechanics through	Channel 5 Research Rules of Evidence in	live session Channel 6 Physical Training
(MT) 3:00-4:00pm	Channel 1 Mental Health The exploration of wellness in a professional ballet company Carly Harrison.	the kinetics and kinematics for eight elite Irish dancers forcefully performing loud high impact steps Bernard Hartigan. BA. MA. Orfhlaith. Ni Bhriain MA. PhD nce in the Field & chanics Channel 2 General Clinical Prevalence and profile of musculoskeletal injuries in dancers from Bogotá and possible	Channel 3 Dance Training Fitness and Fatigue: A Physiological Perspective on Tissue Adaptation for Performance Enhancement	Channel 4 Dance Training +The Art & Science of Plié: Enhancing Plié Biomechanics through Dynamic Neuro-Cognitive	Channel 5 Research Rules of Evidence in Dance Medicine & Science Research Derrick Brown, MS/c.	live session Channel 6 Physical Training
(MT) 3:00-4:00pm	Channel 1 Mental Health The exploration of wellness in a professional ballet company Carly Harrison. BS. Master of.	the kinetics and kinematics for eight elite Irish dancers forcefully performing loud high impact steps Bernard. Hartigan. BA. MA. Orthlaith. Ni Bhriain MA. PhD. Ince in the Field & chanics Channel 2 General Clinical Prevalence and profile of musculoskeletal injuries in dancers from Bogotá and possible associated risk factors	Channel 3 Dance Training Fitness and Fatigue: A Physiological Perspective on Tissue Adaptation for Performance Enhancement and Injury Prevention	Channel 4 Dance Training +The Art & Science of Plié: Enhancing Plié Biomechanics through Dynamic Neuro-Cognitive Imagery ("The Franklin	Channel 5 Research Rules of Evidence in Dance Medicine & Science Research Derrick Brown, MS/c., Danielle Jarvis, ATC.	live session Channel 6 Physical Training ⇒ > Jump conditioning for the dancer during and post COVID-19 Pandemic: Reconditioning after staying at home Emily.
(MT)	Channel 1 Mental Health The exploration of wellness in a professional ballet company Carly Harrison.	the kinetics and kinematics for eight elite Irish dancers forcefully performing loud high impact steps Bernard Hartigan. BA. MA. Orfhlaith. Ni Bhriain MA. PhD nce in the Field & chanics Channel 2 General Clinical Prevalence and profile of musculoskeletal injuries in dancers from Bogotá and possible	Channel 3 Dance Training Fitness and Fatigue: A Physiological Perspective on Tissue Adaptation for Performance Enhancement	Channel 4 Dance Training +The Art & Science of Plié: Enhancing Plié Biomechanics through Dynamic Neuro-Cognitive	Channel 5 Research Rules of Evidence in Dance Medicine & Science Research Derrick Brown, MS/c.	Channel 6 Physical Training ■ > Jump conditioning for the dancer during and post-COVID-19 Pandemic: Reconditioning after

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Interactive Forum (45min)

Interactive Workshop (50min)

+ Movement Session (50min)

Schedule is subject to change.

						Schedule is s
3:00-4:00pm (cont.)	Experiences of performance anxiety, coping and prevention strategies among dancers transitioning into the professional dance industry. Willemijn Mink. BA MS/c An arts-based investigation of maltreatment in dance Aalaya Milne. BKin	Injury Epidemiology in Professional Ballet Adam Mattiussi. BS. MS/c Feasibility of bone-targeted training to reduce bone injury-related time loss to dancing in pre-professional classical ballet dancers: the BalletMor study Louise Drysdale. B.Phtv. Grad Cert Msk Phty Generalized joint hypermobility, scoliosis, patellofemoral pain, and physical abilities in young dancers Nili. Steinberg. PhD Professional ballet dancers training at home: disrupted habitus, embodied perfectionism and dancer identity Angela Pickard. MA. PhD	An Investigation into the Duende Experience Among Professional Flamenco Dancers and Musicians <u>Aviva Kornel</u> <u>MFA. Emma Redding</u> . <u>MS/c. PhD. Liliana</u> . Araújo. PhD			
3:50-4:00pm (MT)	Q&A: Mental Health	n & General Clinical	Q&A: Dance So	eience Training	Q&A: Research &	Physical Training
(, , , ,	Channel 1	Channel 2	Channel 3	Channel 4	Channel 5	Channel 6
	Dance for Health	COVID-19	Mental Health	Dance Training	General Clinical	Dance Training
	Digital Dance for PD during the Covid-19 Pandemic: A feasibility study Åsa N. Åström. BA. Magdalena Eriksson. Domellöf. PhD Effects of " Samba" and "Forro" Brazililian Rhythmic on cognition in people with Parkinson's Disease Marcela. Delabary. PhD Adapting a dance Adapting a dance	The Mental and Physical Effects of Online Education on Collegiate Dance Majors during the COVID-19 Pandemic Jessica Ruth. Andrea Valentini Civic Engagement in the Era of COVID: Community Collaborations Through Dance Sarah DiPasquale. DPT. Madelyn Barti. Caitlin Koto Return to Dance Post	Moving Forward: Destigmatizing Psychological Distress Paula Thomson PsyD Bonnie Robson MD FRCPC, Lynda Mainwaring PhD, C Psych	Neuromuscular warm up is associated with less overuse injuries in ballet dancers compared to traditional ballet specific warm up routines Judith-Elisa Kaufmann. MAS Isolated ankle-joint	➤ Taming the Overactive Pelvic Floor: Strategies for Dancers with Leakage, Pain, or Pressure Brooke Winder. DPT. BFA. Amanda. Blackmon PT. DPT. Kari. Lindegren BA. DPT.	
4:00-5:00pm	program as a clinical intervention for stroke patients: a process model <u>Lucie Beaudry.</u> PhD	Quarantine: Harmful Behavior Considerations Josh Honrado, AT/ATC	Dancers after Graduation Anastasia Sotnikova. BS	training improves strength and saut de chat performance in dancers while maintaining aesthetics Paige Rice, BS, MS/c, Danielle Jarvis AT/ATC. PhD		
4:50-5:00pm					nce Training & Genera	

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	31st Annual Conference: Virtual Program					
8:00- 9:00am		riele Wulf, PhD, Univer	timizing dance perfoi sity of Nevada & <u>Rebec</u> Q&A @ 8:	<u>ca Lewthwaite, PhD,</u> 50am (MT)	University of Southern Cali	
	Channel 1 General Clinical When Breakers Break Down - Common Injuries and How to Manage Them Melody Hrubes, MD. Kelli, Barton Schneider, PT. DPT. Jennifer Janowski PT. DPT Jennifer Janowski PT. DPT Prevalence, education, and prevention strategies	Channel 2 COVID 19 Injuries and conditioning during a global pandemic Anna Williams. BA. MS/c. Emma Redding. MS/c. PhD. Katie Chambers BSc. MS/c Chinese Dance Students' Injury Incidence, Causes and Influence Factors During COVID-19 Yanan. Dang. MA. MS/c Injury Incidence and Effects of Covid 19 on Dancers	Channel 3 Dance for Health Dance for Hope: A community-based research project bringing dance to survivors of human trafficking and gender- based violence Meghan Thompson DPT. Alison Castaneda	Channel 4 Physical Training - Dance Cross Training with Triplanar Functional Movement Katie Schaar. RA. Traci Ferguson DPT. Nick Cutri. DPT	Channel 5 Screening Beyond the Beighton Score: A novel approach to assessing injury risk in dancers Gayanne Grossman. PT. EdM. Linda Bluestein MD. Leah. Gottesman. PhD	Channel 6 Research # Authoring and Reviewing for JDMS Matthew Wyon. PhD. MS/c and Associate. Editors
9:00-10:00am	Setting the Standard: Setting the Standard: Education, Baseline Assessment and Return after Concussion in Dancers Kristen Schuyten. PT.	Moving online together: using virtual dance technique to improve mental health and social connection during the COVID-19 crisis Ashlee. Humphries. AT/ATC. MS/c Student perspectives on	with a group dance-for- health pregnancy program – a qualitative study Ann. Cowlin, MA. Holly Kennedy. PhD. CMN Long-term effects of prenatal dance intervention on neurodevelopment – a follow-up research Beatrix. Bánkyné Perjés, MA		Injury Questionmare for Pre-Adolescent Studio Dancers Allison George. BA Development of pointe readiness screening tool Maeve Talbot. DPT. PT	
9:50-10:00am (MT)	Q&A: General Clin	online dance education during COVID-19 <u>Victoria</u> . <u>Michalowsky</u> . <u>BFA</u> . MS/c. Emma Redding MS/c. PhD	Q&A: Dance for Health	Q&A: Physical Training	Q&A: Screening	g and Research
	Channel 1	Channel 2	Channel 3	Channel 4	Channel 5	Channel 6
	Biomechanics Forward head posture prevalence in collegiate dance majors as measured by a posture analysis app Elin Lobel_PhD_GCFP	M III DOT DID D	pandemic <u>Michael Toczko.</u> <u>MS/c</u>	## Dance Training ## Ballet class is backwards: An interactive forum where tradition and science clash <u>Jacob</u> Manley, DPT, MS/c	Screening Screening on the Screen: Comprehensive Virtual Screening for University Dancers during a Pandemic Kristen Schuyten, DPT, PT	General Clinical
	The Influence of Fatigue on Postural Control in Dancers Danielle Jarvis. AT/ATC. PhD. Devin Bulkley. CSCS. MS/G Multiple revolutions of	Winder DPT. QCS	Wittually inseparable - Optimizing social Connectedness in online movement-based research during COVID-19 Christina Soriano MA Rebecca Barnstaple PhD. Jessie Laurita- Spanglet MEA Sleep Quality, Exposure		The development of an	
10:00-11:00am	balance, spotting, and orientation over time Catherine Haber. MS/c. MAS, André Klostermann PhD. Andrea Schaerli PhD	students is negatively associated with COVID-19 preventive measures Janine Stubbe. MS/c. PhD	Hours and Injury Risk in Collegiate Dancers <u>Amelia</u> . Stork BFA. Jena Hansen- Honeycutt DAT. AT/ATC		updated dance-specific Star Excursion Balance Test (dsSEBT) <u>Samantha</u> <u>Beckman BA MFA</u>	
	Effect of an eyes-closed specific training programme on the dynamic balance of house dancers Aline Soyer. PT Muscle capacity	Sleep, and Hopes and	Observable items of the "functional predisposition" Nicole Harbonnier, PhD. MA Geneviève Dussault MFA		Analysis of Causes for Dysfunctional Extension Movement Patterns using the Findings of the Selective Functional Movement Assessment in University Dancers Olivia Link BFA Jena Hansen-Honeycutt DAT. ATC	
	Muscie capacity asymmetries in the lower limbs of amateur ballet dancers <u>Bruna Tessarin</u> , <u>PT</u>		Early specialization in dance is contentious – but what is "early", and what counts as "specialized"? Charlotte Downing, MS/c, BA			



	Channel 1	Channel 2	Channel 3	Channel 4	Channel 5	Channel 6
	General Clinical	Foot and Ankle	Physical Training	Physical Training	Screening	General Clinical
	© Generalized joint hypermobility and injuries: A prospective cohort study of 185 pre-professional contemporary dancers Rogier van Rijn. PhD	➤ Novel taping techniques for the foot and ankle across the rehabilitation continuum from acute injury to return to performance Amanda. Blackmon. BS. DPT. Fmma. Faulkner BS. DPT	Supplemental Training in Dance: A Systematic Review Jatin Ambegaokar. AT/ATC. PhD Effects of neural tension on hamstring flexibility in collegiate dancers: neural gliding vs. Dynamic stretching Julianna Barraza, BS. Ella Cox. Kailyn. Williams.	➤ Turnout in motion: the use of rotational discs in training healthy turnout and standing leg placement. Jennifer Milner. NCPT	ballet dancers Meghan. Critchley. BFA. MS/c "An instrument, not an ornament": A qualitative study of body image and 'ship life' in female cruise ship performers Jenna Chin. BFA. MS/c. Lucie Clements. MS/c. PhD	Strategies for Successful Telehealth Physical Therapy for the Dancer - Emphasis on Assessment, Therapeutic Exercise and Training in Self Mobilization Techniques Maribeth Crupi. PT. Megan Gerde DPT
11:00-12:00pm	Return to Dance following a MPFL Reconstruction <u>Hannah</u> <u>Osowski</u> . DPT, PT		Trunk Muscle Endurance Norms in Healthy Collegiate Female Dancers: The SHARE Consortium Jena Hansen- Honeycutt. AT/ATC. DAT		A musculoskeletal screen for entry into vocational ballet to inform on passive range of movement and functional movement control. <u>Moira McCormack.</u> MS/c. PT	
	Hypermobility does not increase the risk of developing hip pain or hip joint cartilage defects in professional ballet dancers over five years <u>Sue Mayes</u> .		Integrated versus Pilates Based Core Training in Collegiate Dancers <u>Grayson</u> Elmore. AT/ATC. PhD		Lumbar Flexicurve Apex Height Measurement (LFAH): A New Spine Extension Screening Tool for Dancers <u>Lucie Rayner.</u> MS/c. BS. Moira McCormack MS/C. PT. Hoawrd Bird	
11:50-12:00	201.0 101.		on all			2000 100 1
(MT)	Q&A: General Clini	ical & Foot & Ankle	Q&A: Physi	cal Training	Q&A: Screening	Q&A: General Clinical
		Meet w/	Premier Virtua	Sponsors		a Danta v OR A
12:00-2:00pm	Mental Hea	alth Community			00-1:00pm MT)	ePoster Q&A (12:00-1:00pm MT)
12:00-2:00pm	Channel 1	Channel 2	Group Networ	king Event (12:0	Channel 5	(12:00-1:00pm MT) Channel 6
12:00-2:00pm		alth Community	Group Networ	king Event (12:0		(12:00-1:00pm MT)
12:00-2:00pm	Channel 1 Biomechanics © Breaking down the straddle inversion: A kinematic study of aerial dance movement. Stephanie Greenspan. DPT (A)Symmetry in retiré position during pirouettes Melanie Lott. PhD. MS/c	Channel 2 Hypermobility Optimizing health and performance in the hypermobile dancer using a interprofessional approach Stephanie Greenspan. DPT	Channel 3 Nutrition Injury in dance: considerations for nutrition Meghan Brown. PhD.	Channel 4 Education	Channel 5 General Clinical ® ## BFRT: What doesn't kill us makes us stronger, Hypertrophy or DVT Rose Schmieg. AT/ATC. PT. Jacob Manley. DPT.	Channel 6 General Clinical ➤ I'm a physiotherapist, why would I be interested in an external focus of attention? Clare Guss-West. MA. Bhum. Johanna Osmala
	Channel 1 Biomechanics Breaking down the straddle inversion: A kinematic study of aerial dance movement. Stephanie Greenspan. DPT (A)Symmetry in retiré position during pirouettes	Channel 2 Hypermobility Optimizing health and performance in the hypermobile dancer using a interprofessional approach Stephanie Greenspan DPT. Aiko Callahan DPT Associations between body awareness and body trauma within Joint Hypermobility Wendy. Timmons, PhD, B Phil.	Channel 3 Nutrition Injury in dance; considerations for rutrition Meghan Brown. PhD. Jasmine Challis RDN. MRes The importance of nutrition in the dancing athlete; identification and management of relative energy deficiency in sport	Channel 4 Education	Channel 5 General Clinical ® ## BFRT: What doesn't kill us makes us stronger, Hypertrophy or DVT Rose Schmieg. AT/ATC. PT. Jacob Manley. DPT.	Channel 6 General Clinical ➤ I'm a physiotherapist, why would I be interested in an external focus of attention? Clare Guss-West. MA. Bhum. Johanna Osmala
	Channel 1 Biomechanics © Breaking down the straddle inversion: A kinematic study of aerial dance movement. Stephanie Greenspan. DPT (A)Symmetry in retiré position during pirouettes Melanie Lott. PhD. MS/c Integrating interactive dance biomechanics demonstrations into national biomechanics day Teal Darkenwald MFA. RS, Christina Patsalidou BS. MFA	Channel 2 Hypermobility Optimizing health and performance in the hypermobile dancer using a interprofessional approach Stephanie Greenspan DPT. Aiko Callahan DPT Associations between body awareness and body trauma within Joint Hypermobility Wendy. Timmons, PhD, B Phil.	Channel 3 Nutrition Injury in dance; considerations for rutrition Meghan Brown. PhD. Jasmine Challis RDN. MRes The importance of nutrition in the dancing athlete; identification and management of relative energy deficiency in sport	Channel 4 Education	Channel 5 General Clinical ® ## BFRT: What doesn't kill us makes us stronger, Hypertrophy or DVT Rose Schmieg_AT/ATC.PT_Jacob Manley.DPT. AT/ATC	Channel 6 General Clinical ➤ I'm a physiotherapist, why would I be interested in an external focus of attention? Clare Guss-West. MA. Bhum. Johanna Osmala

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	Channel 1	Channel 2	Channel 3	Channel 4	Channel 5	Channel 6
	Nutrition	Biomechanics	Foot and Ankle	Education	Dance Training	General Clinical
	Assessment of eating behaviors, nutrition knowledge, and availability of nutrition education and resources for college dance majors Mackinsey Shahan. MS/c. RDN Analysis of serum ferritin levels in a group of elite ballet dancers Carina. Nasrallah. AT/ATC, MS/c.	© Comparison of Ankle and Foot Kinematics during Elevé Barefoot and En Pointe using a Multi- Segment Foot Model Kimberly Veirs. PT. PhD	Revalence of Asymptomatic Talar Bone Marrow Edema in Professional Ballet Dancers: Preliminary Data from 2-Year Prospective Enrollment Study Pranay. Khambete. BS	Examining the educational and inclusive potential of a virtual pre- participation screen in which participants are taught to screen themselves <u>Elizabeth</u> . <u>Corwin DPT. BS. Victoria</u> <u>Watts MFA. PhD</u>	+ Challenging assumptions: a fresh perspective on standing leg training <u>Amy Werner DPT</u> , <u>Jennifer Milner NCPT</u>	-l- Improving global dynamic stability in dancers using a developmental sequence approach to lower extremity exercise progression Meghan. Gearhart. DPT. PT
3:00-4:00pm	● Energy expenditure of professional ballet dancers: contributions of physical activity to total daily metabolic rate <u>Andrea</u> . Kozai, CSCS. MS/c	The relationship between dancers' quantity and quality of movement and pain <u>Danica Hendry. MS/c.</u> BScHons	What is the prevalence of magnetic resonance imaging (MRI) findings commonly associated with posterior ankle impingement syndrome in elite ballet dancers and athletes participating at full capacity? Peta Baillie. PT			
3:50-4:00pm (MT)	Q&A: Nutriti	on, Biomechanics, & Fo	oot and Ankle	Q&A: Education	Q&A: Dance Training	Q&A: General Clinical
	Q&A: Nutriti Channel 1	on, Biomechanics, & Fo	oot and Ankle Channel 3	Q&A: Education Channel 4	Q&A: Dance Training Channel 5	Q&A: General Clinical
				Channel 4 Screening	•	Channel 6 General Clinical Pre-class neuromuscular control exercises for the
(MT)	Channel 1 General Clinical © Living with perfectionism in ballet: A 5- year longitudinal case study Sanna Nordin-Bates. PhD. FIADMS. Martin. Aldoson BSc Managing a medical team as a living lab: example of the Malandain Ballet Biarritz Jean Baptiste	Channel 2 General Clinical Stymptomatic hypermobility in the dancer: An integrative approach to optimizing performance Linda Bluestein, MD. Jennifer Milner NCPT. Andrea Zujko PT. DPT. Kristin Koskinen RDN	Channel 3 Education Impact of Discrimination on Dancers' Health and Well being Jillian Descoteaux. AT/ATC. PhD. Ellie Kusner. MSc. Roglárka Simon-Hatala Physio Violence or discipline? A study of students' perception of teacher attitudes Soledad.	Channel 4 Screening A systematic review of cardiorespiratory fitness tests used in dance and the measurement properties of these tests. Annemiek. Tiemens. MS/c Analysis of the relationship between Heart Rate and V02 during the Ballet Dance Aerobic Fitness Test in preprofessional ballet dancers Kaley Ainsworth. BS	Channel 5 Physical Training Experiential Anatomy: How an understanding of anatomy can improve your performance Catherine. Vargo. DPT. PT. Fmily.	Channel 6 General Clinical Pre-class neuromuscular control exercises for the cervical spine and shoulder Sally Donaubauer, DPT. COS. Natalie Imrisek, PT. CSCS. Megan Richardson LAC, AT/ATC

IADMS International Association for Dance Medicine & Science



	31st Annual Conference-Virtual Program					
8:00- 9:00am	IADMS Operational Committee Meetings					
9:00-10:00am (MT)			IADMS Busii IADMS Board	ness Meeting d of Directors		
	Channel 1 Education	Channel 2 Screening	Channel 3 Physical Training	Channel 4 Dance Science in the Field	Channel 5 General Clinical	Channel 6 General Clinical
	vocational dance education	➤ Using foot posture index as a screening tool to predict injury in dancers <u>Bridgette</u> . Whitermore_AT/ATC_PAM-Mc.	+ Fascia Through the Lens of Dance - and Into the Clinic May Kesler. DPT. MS/c	+ Performance Ready:	Dancers' perception of accessibility and quality of the relationship with healthcare professionals in Quebec <u>Lara. Haikal. MD Student. Eye. Boissonnault MD</u> The treatment of anterior knee pain in a Bharatanatyam dancer: a case report <u>Catherine Yargo. PT. DPT</u>	#E Developing and Implementing a University- Level Dance and Performing Arts Health and Wellness Program: A Multi-National Perspective Kelley Wiese- AT/ATC, MS/C
10:00-11:00am	Knowledge Translation for Dance Educators J <u>amie Hawke. BA. MFA</u>				Comparing functional lumbar lordosis in collegiate dancers with and without low back pain <u>Abigail Skallerud</u> _ <u>DPT.BFA</u>	
	Theory to Practice: A systematic review of psychological aspects of dance talent development <u>Erin.</u> <u>Sanchez. MS/c</u>				Self-reported impact of low back pain on adult dancers in the United States <u>Frica Henn.</u> MA	
					 Injury associated with dance education: a systematic review Meghan Critchley. BFA. MS/c 	
10:50-11:00am (MT)	Q&A: Educatio	on & Screening	Q&A: Physical Training & Dance Science in the Field		Q&A: General Clinical	
	Channel 1	Channel 2	Channel 3	Channel 4	Channel 5 Dance Science in the	
	MS/c	© New Dance Question Option on the Centers for Disease Control's (CDC) Youth Risk Behavior Surveillance System (YRBS) Frances Meyer, PhD. Gayanne Grossman PT, EdM	Research Journal of Dance Medicine and Science - State of the Journal Jatin Ambegaokar. AT/ATC. PhD	+ FEET-NESS injury prevention from the ground up llaria Cavagna. BS. NPCP	From Research into Real-Life: How to Communicate Research Findings to the Dance Community IADMS Student Committee	
	Perspectives of Rehabilitation from Flexor Hallicus Longus (FHL) Tendon Release in an Adolescent Dancer: A Prospective Case Report Christina Brown, BFA_PTA					
11:00-12:00pm		Post-surgical hip rehabilitation: a case for a multidisciplinary approach Jennifer Milner. NCPT. Jason. Harrison BA. MA. Kristin. Koskinen RDN. Cody Johnson. AT. DPT. Kristen Tapp BS. DPT.	Open Research: The way forward for dance medicine and science Matthew Wyon. MS/c. PhD. Derrick Brown MS/c.			
	Comparison of Foot and Ankle Injuries among Pre- professional Ballet, Contemporary and Chinese Dancers <u>Jojo Lai, MBChB.</u> Samuel Ling MBChB. FRCS		Community-engaged co- investigators are a valuable resource in dance medicine and science research <u>Jeff</u> Russell. AT/ATC. PhD			
				Q&A: Postponed until		
11:50-12:00pm (MT)	Q&A: Foot and Ankl	e & General Clinical	Q&A: Research	1:00-2:00 w/ Education Channel	Q&A: Dance Science in the Field	
12:00-1:00pm (MT)		V	Lu Irutal Roundtables/	nch (registration require	ed)	
	Channel 1	Channel 2	Channel 3	Channel 4		
	General Clinical	General Clinical	Physical Training	Education		
1:00-2:00pm	Musculoskeletal Injuries and Injury Prevention Education in Indian Classical Dancers Pranamya Suri. MD	# The need for multi- disciplinary and specialized treatment of eating disorders in dancers – a panel discussion	+ Healthy Hips for Irish Dancers Emma Faulkner, DPT, PT, Amanda Blackmon PT, DPT	➤ FEET-NESS for dancers: recovery and injury prevention <u>llaria Cavagna, BS, NPCT</u>		



1:00-2:00pm	Changing a reflex motor pattern using the Allyane technique. Case report of a dancers Chronic Ankle Instability Jean Bantiste. Colombié. AT/ATC. PT Pilot Study: Reliability and Device Differences Musculoskeletal Ultrasound Evaluation of Ankle Ligaments in Dancers Whitney Russell. AT/ATC. MS/c Dance injury comparison between undergraduate dance and cheer team members Dana Sheng. MD. BS				
1:50-2:00pm (MT)	Q&A: General	Clinical	Q&A: Physical Training	Q&A: With Education Channel from 1:00-2:00	
2:00-2:45pm (MT)		Honorary Mem	nber <u>Marisa Hamam</u>	oto Interview & Virtua	ally Live Q&A
3:00-3:30pm (MT)	Closing Ceremonies & Awards Closing remarks by IADMS Board President Peter Lewton-Brain, DO, MA, Dance Educator Award Winner, ePoster Award Winner, Virtual Platform Engagement Award, Supporter Thank You, 32nd Annual Conference Invitation, 33rd Annual Conference Announcement, Board President Handover Ceremony				
Shortly following Closing Ceremonies (MT)	A bartender will be kicl				vn Quarantini! Have your ingredients ready! able)

ePoster Presentations



All ePosters will be available from the start of the conference, Thursday, October 21 through Sunday, October 24. ePosters are listed by the day of their scheduled Q&A time. ePosters are a brief 5-minute presenation outling the research in the poster format.

Thursday Q&A 12:00-1:00pm

Ankle function following high velocity low amplitude thrust manipulation in collegiate dancers and nondancers with Chronic Ankle Instability (CAI) Daphne Batista BS, DPT

Assessing the effects of a modified heel-raise protocol on a young, amateur dancer's risk of injury; A Case Study Sarah Peachey MS/c, BA

Catch the Fever: Exploring the perspectives of freestyle-disco dance teachers to discover future research possibilities Sian Salmon BS, MS/c

Comprovisation: Optimising Professional Classical Ballet Training for Adolescents Saskia Tindle MS/c, MAS

Development of Chair Ballet Exercises (R) that support the health of elderly ages: Ballet exercise program at home under COVID-19 situation Reiko Inagaki Maruo, MA

Effects of the upper limb position on toe-standing postural control Chiizu Kaneko BS

How functional analysis of gait and body posture in motion can effectively support rehabilitation procedures in ballet dancers: V methatarsal stress fracture case study Paulina Mira MS/c

How the hard Irish dancing shoe may be contributing to lower limb Injury in elite Irish dancers. Bernard Hartigan BA, MA

Investigating dance studio students' perceptions of teacher-initiated motivational climates and whether they change between genres of dance class. Holly McDonald BA, MS/c

Platelet-rich plasma (PRP) into the 1st metatarsalphalangeal (MTP) joint of a dancer with medial hallux seasmoid fracture/stress reaction and joint capsule sprain Dick Batka BS, MD

Tabata, Yoga, or Heart Rate Variability: Which is Most Effective for Studio-Based Training? Meredith Butulis DPT, CSCS

The effect of 2 weeks strength training vs. stretching on grand battement movement in ballet Nanami Sakashita BA

The Physiology and Applications of Fascia for Dance Movement and Injury Prevention Brooke Thimmig BA

The shift in awareness and perceptions towards training considerations of hypermobile adolescent dancers Beth Ackroyd MSc, BA (Hons)

Friday 12:00-1:00pm Q&A

A study of the effects of the pandemic and quarantine on training, fitness, and health in college level dancers Bonnie Weigert MD

Aerobic Capacity of Pre-Professional Ballet Dancers: Does Physical Fitness Alter Injury Outcomes? A prospective Cohort Study Manuela Angioi MS/c, PhD

 $\label{prop:prop:condition} \textbf{Auditory-motor coordination with the anterior cruciate ligament reconstructed knee} \ \underline{\textbf{Shiori Ito}}$

Breaking Down Breaking: The New Olympic Sport $\underline{\mathsf{Jennifer\ Janowski\ PT, DScPT}}$

 ${\sf Cardiorespiratory\,Responses\,To\,Isolated\,Dance\,Steps\,In\,Young\,Girls\,\underline{Gabriela\,Cristina\,Santos\,MS/cardiorespiratory\,Responses\,To\,Isolated\,Dance\,Steps\,In\,Young\,Girls\,\underline{Gabriela\,Cristina\,Santos\,MS/cardiorespiratory\,Responses\,To\,Isolated\,Dance\,Steps\,In\,Young\,Girls\,\underline{Gabriela\,Cristina\,Santos\,MS/cardiorespiratory\,Responses\,To\,Isolated\,Dance\,Steps\,In\,Young\,Girls\,\underline{Gabriela\,Cristina\,Santos\,MS/cardiorespiratory\,Responses\,To\,Isolated\,Dance\,Steps\,In\,Young\,Girls\,\underline{Gabriela\,Cristina\,Santos\,MS/cardiorespiratory\,Responses\,To\,Isolated\,Dance\,Steps\,In\,Young\,Girls\,\underline{Gabriela\,Cristina\,Santos\,MS/cardiorespiratory\,Responses\,To\,Isolated\,Dance\,Steps\,In\,Young\,Girls\,\underline{Gabriela\,Cristina\,Santos\,MS/cardiorespiratory\,Responses\,To\,Isolated\,Dance\,Steps\,In\,Young\,Girls\,\underline{Gabriela\,Cristina\,Santos\,MS/cardiorespiratory\,Responses\,To\,Isolated\,Dance\,Responses\,To\,Is$

Dancing for bone health: a step into the wellness industry Rebekah Rotstein BA, NCPT Virgina Cowen MA, PhD

Early identification of impaired neurodynamics in persistent lower quarter pain and disability affecting return to dance Elizabeth Agre, DPT

Effect of Visualization on Muscular Activation for Stability in Adolescent Ballet Students Emily Zhang

Epidemiology in professional dancers in Spain Luis Gadea Mateos PhD

Hanna Somatic Workshop: A brirf overview <u>Harris Ferris CHSE, Chris Ruane, LMT, CHSE</u>

Reliability of the Dance Fitness Indicator®: Pilot data Kate Rogan BA, MS/c

The Effect of a Traditional Ballet Barre Versus a Modified Ballet Barre on Flexibility, Ankle Stability, and Abdominal Strength in Collegiate Dancers Meghan Wehmeyer BS

The Preparation and Practical Application of Anatomical and Kinesiological Concepts Embedded within the Undergraduate Beginning Ballet Class Amanda Sowerby MFA

Warm-Up Habits of Collegiate Dancers Katherine Elder

Karlie, O'Brien BUS, CAN

Weekly ballet classes for individuals with diverse neurological conditions: a collaboration between physical therapy, medical, and dance students <u>Jessica Baynes BFA</u>, <u>Andrea Henniq BFA</u>,



	Special Interest Group - A Day for Physicians
8:00-8:35am (MT)	Dancers with disabilities, deafness/hard of hearing, or blindness/low vision. Mary Dubon MD, Boston Children's Hospital
8:35-9:05am (MT)	Using Head Kinematics to Inform the Development of Biomechanically-Based Post-Concussion Return to Play Protocols for Artistic and Acrobatic Sports Jill Urban MD, Wake Forest School of Medicine
9:05-9:35am (MT)	Awareness-based neuromuscular re-patterning (ABNR) as symptom management intervention for Ehlers-Danlos Syndromes (EDS) and hypermobility spectrum disorders (HSD): a pilot Audre Wirtanen BA, RSDE, RSME/T & Laura Tuthall Ba, RSDE, RSME/T
9:35-10:05am (MT)	Diagnostic ultrasound and ultrasound-guided therapy in elite dancers with lower extremity injuries <u>Ronald Adler MD.</u> NYU Langone Radiology
10:05-10:35am (MT)	Surgical Approach to the Hip in Artistic Athletes Marc Philppon MD, The Steadman Clinic
10:35-11:05am (MT)	When Breaking turns to Broken: Injury Patterns in Hip Hop Dancers Julia lafrate DO, NYU Langone Department of Orthopedics and Sports Medicine
11:15-12:00pm (MT)	Q&A and Discussion Session



	Special Interest Group - A Day for Dance for Health				
	Join the IADMS Dance for Health Committee				
8:45-9:30am (MT)	"Dance & Parkinson's at home": impact on quality of life and wellbeing in people with Parkinson's during the COVID-19 pandemic in Brazil <u>Aline Haas, PhD</u> (25min Lecture) Change in functional outcomes after dance training in adults with multiple sclerosis: A scoping literature review <u>Andrea Rivera Maza, BA, MS</u> (10min Lecture) Dance as a health promotion tool for mental health in the post-COVID-19 era <u>Anastasia Paschali, BA, MS/c</u> (10min Lecture)				
9:30-9:45 am	Brief Break				
9:45-11:15am (MT)	Data talks - Telling the story of Dance for Health through research Hosted by Hanna Poikonen, PhD, Emma Redding PhD, and Ashley McGill PhD Data Talks is a platform where researchers, dance artists, health care practitioners, and those with an interest in Dance for Health, can share their thoughts, experiences, and insights into current research in the field. Guest speakers David Leventhal, Dr Sylvie Fortin, and Dr Aline Haas will share their research experiences and insights into different approaches and methodologies. Breakout sessions will allow for smaller group discussions and for your voices to be heard regarding where research should focus its efforts going forward. This networking event aims to identify gaps in current literature with the intention of prioritising key action points for future research.				
11:15-11:30 am	Brief Break				
11:30-1:00pm (MT)	Colorado Ballet's Dance Program for Students with Down Syndrome 'Be Beautiful, Be Yourself' Emily Herrin, Jen GaNun, & Pat Winders with special student guest A presentation, interactive workshop, and discussion				
1:00-1:15pm	Brief Break				
1:15-1:45pm (MT)	An exploration into the experience of family caregivers for people living with dementia in a community dance class <u>Louisa Petts, BA, MS/c</u> (10min Lecture) Dance for Stroke Survivors - A Narrative Review of the Current Evidence <u>Danielle Kipnis, BS, MA candidate</u> (10min Lecture) Supporting older adults' physical literacy through virtual community dance classes. <u>Jenna Magrath</u> (10min Lecture)				
1:45-2:15pm	Disucssion & Q&A Session				



Special Interest Group - A Day for Teachers

Join the IADMS Dance Educators' Committee for the SIG day:

Teacher Wellbeing and Inspired Practice for a New World

Pre-watch the presentations* and join us on Sunday for Q&A and disucssions.

Program Highlights

Interview with Dance Media's Jennifer Stahl on teacher's well-being

Jennie Morton BSc (Hons) Osteopathy, MS Psychology lecture presentation on The Emotional Practice Environment: How Thoughts and Moods Affect Injury Risk

Lecture & Movement Presentations

Movement Sessions

Dynamic Mobility - from the floor into the air André Megerdichian, MFA

Pre-class neuromuscular control exercises for the cervical spine and shoulder <u>Sally Donaubauer, DPT, OCS, Natalie Imrisek, PT, CSCS, Megan Richardson LAc. AT/ATC</u>

Rib Bone Connected to the Finger Bone: Corrective Exercises for Fascial Lines of the Upper Body Akihiro Kawasaki, BS

Somatic self-care, inclusion and empathy Anne Burnidge, MFA, CLMA

Supporting Spinal Fluidity: a Yoga Practice Lauren Kearns, MFA, RSDE

Interactive Workshops

How to use external focus of attention in dance practice Clare Guss-West, MA, Bhum, Astrid Sherman F.I.S.T.D. BSc.

Movement Analysis & Retraining of the Dancer Course: Clinical Movement Assessment & Retraining of the Lower Quadrant Rosa Marimba Gold-Watts. BA,

Andrea Zujko PT, DPT

Lecture Presentations

Aging and Range of Motion: What Dancers Need to Know - Focus on Nutrition Janine Bryant MA

How can nutrition best support the immune system of the dancer? <u>Jasmine Challis, RDN, MRes</u>

Relative energy deficiency in dance: indicators and correlates of low energy availability in female and male dancers <u>Nicola Keay, MBBS, MA</u>

The motivational and emotional impact of Covid-19 pandemic: dance students and teachers' experiences of online self-efficacy, stress, burnout, and motivation. <u>Liliana Araújo, PhD</u>

^{*}Presentations will be available to view starting October 13 for A Day for Teachers registrants.



Thursday, October 21

IADMS Committee Chairs Drop-in Meet & Greet

12:00-12:30pm (MT): Dance for Health, Research, Publications, Professional Development, Promotion, Program 12:30-1:00pm (MT): Educators, Students, Development, Medical, Mental Health Community

Friday, October 22

Premier Sponsors Meet & Greet from 12:00-1:00pm (MT)

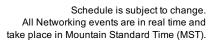
Mental Health Community Group 12:00-1:00pm (MT)

Networking and building community in mental health and dance

Saturday, October 23

Roundtables from 12:00-1:00pm (MT)				
Table Topic	Moderator			
Research	Keynotes Gabriele Wulf PhD & Rebecca Lewthwaite PhD & Catherine Haber MS/c, MAS			
Biomechanics	Keynote Roger Enoka PhD & Danielle Jarvis PhD, ATC			
Dance for Health	Frances Meyer PhD & Care Guss-West MA, Bhum			
Health Promotions for Dancers	Mandy Blackmon BS, DPT & Melody Hrubes MD			
Medical	David Popoli MD			
Spine Issues for Dancers	Matthew Grierson MD & Lauren Elson MD			
Diet & Dancers	Ann Brown PhD, CISSN			
Foot & Ankle	Nancy Kadel MD & Jeff Russell ATC, PhD			
Mental Health: Compassion fatigue - Educator fatigue	Bonnie Robson MD, Nicolette Lekka PhD, MD & Jo-Anne La Flèche MSc			
Post COVID Return for Professional Dancers & Companies	Kathleen Davenport MD			
Publishing Your Research in JDMS	Jatin Ambegaokar, PhD, AT/ATC			
Virtual Happy Hour sta	rting at 4:00pm (MT)			







Connect with the IADMS Students Committee

On Saturday, October 23 watch the IADMS Students' presentation

From Research into Real-Life: How to Communicate Research Findings to the Dance Community

Connect with IADMS Student Committee throughout the conference at the Thursday Committee Chair Event (12:00-1:00pm MST) & in Student "Discussions" on the virtual platform

Post-Conference Networking Events

Student-to-Student Networking Event

This session is hosted by the IADMS Student Committee and is an opportunity for students and young professionals to have indepth discussions on topics relevant to student attendees.

Saturday, November 13 (Time TBC)

Student-to-Professional Networking Event

Session #1 on November 20th @ 8am PST, 11am EST, 4pm GMT, 11pm SST, 12.30am ACST (Nov 21).

Session #2 on November 20th @ 6pm PST, 9pm EST/November 21 @ 2am GMT, 9am SST, 10.30am ACST