

ANNUAL CONFERENCE ABSTRACT SUBMISSION & PRESENTATION GUIDELINES

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STEP 1: Call for Presentations

IADMS welcomes presentation submissions for our Annual Conference. We are looking for groundbreaking research and ideas in the field of dance medicine, dance science, dance education, and/or dance for health. By submitting an abstract, you may have the opportunity to present at our conference along with esteemed colleagues and other industry professionals from around the globe. IADMS is committed to, and we value diverse, equitable, and inclusive participation within Dance Medicine, Sciences, and Education. We aim to foster diversity, equity, and inclusivity at our virtual and live annual meetings. Please be mindful of this when creating your sessions.

Presentations are to be submitted by February 1 as a 350-word maximum abstract via our [abstract submission system](#). You can make changes to your submission up until the submission deadline, February 1. After the submission deadline, you will not be able to revise your abstract.

Students/residents interested in applying for the Student Research Awards please read the Student Research Support Guidelines [here](#).

If you are interested in applying for the 2025 Linda and William Hamilton Dance Wellness Symposium, please read the guidelines [here](#).

STEP 2: Prepare Your Abstract

- **Presentation Format**
- **Abstract Requirements**
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Presentation Format

Applicants must note their preferred presentation format and indicate if they would like to be considered for other formats. The Meetings & Events Committee determines the official presentation format for each abstract, and the author will be informed of that choice when the abstract is accepted.

Presentation format(s) available:

- **Poster Presentation:** (5 minutes) Poster presentations are the best way to have one-on-one interaction with conference attendees about your research and scholarship. Poster presentations are on display during the conference with a formal presentation time slot. Poster formatting and file submission will be available upon acceptance.

- **Lecture Presentation:** (15 minutes) Lectures provide a short format opportunity to share your scholarly work with a moderate sized audience and are grouped thematically. The keystone of the Lecture Presentation is to present the most recent scholarly work in dance medicine and science to a broad audience represented by IADMS members. Lecture presentations are most common for empirical research, conceptual analyses, clinical studies, or other short-form presentations. Lecture sessions include time for questions and answers for all speakers at the end of the session.
- **Student Development Showcase:** (8 minutes) Students and residents are invited to submit abstracts in progress as part of the “Student Development Showcase.” To qualify, a student must be currently enrolled or within one year of graduating from a full-time, degree-seeking program. Accepted submissions will automatically be included in an interactive session, where presenters will briefly share their work and engage in discussions with fellow researchers and attendees. These sessions aim to foster an open forum for learning, enhancing research methods, and providing students with a valuable opportunity to elevate their research. The exact presentation times will be announced upon acceptance and will depend on the number of submissions. Each presentation will have a minimum duration of 8 minutes.
- **Interactive Session (Movement or Panel):** (45 minutes) Interactive sessions allow for more time to incorporate interaction with audience members. These sessions can be in a lecture style to support in depth discussion, panel conversations, or explicit training or opportunity to develop resources to enhance dance medicine and science practice. Or these sessions can be in a practical style to afford presenters to lead movement sessions, practical demonstrations, or other trainings. The keystone of an Interactive Sessions is emphasizing audience participation and interaction between IADMS members.

Abstract Requirements

When writing your abstract do not include author(s) name, affiliations, or any identifying factors (including IRB/ethics review Board names), to keep the review process objective. Abstracts must be in English; any abstract submitted in another language will not be reviewed.

Each abstract has a **350-word maximum/2,500-character limit (including spaces)**, and headings are required. Consider the format and type of presentation for which you are submitting. The following headers are **required** based on the type of abstract presentation you selected as your preferred choice.

Poster (5 minutes), Student Development Showcase (8 minutes), and Lecture Presentations (15 minutes)

- *Purpose:* Identify the specific question you set out to answer or the specific objective of the study.
- *Literature Review (Background):* Outline the relation to current literature.
- *Methods* (participants, setting, equipment, procedure): State whether a human subjects committee approved your study and if participants gave consent (See Ethics Review section

below). As most appropriate for your study, describe the design, participants, methodological procedures, rationale, origin, and/or analysis of the research or proposed presentation.

- *Results and Discussion*: Present the results and succinctly discuss their relation to current literature.
- *Conclusion*: Discuss the implications of these results related to the field, including opportunities for future research in dance medicine and science.
- Student Development Showcase *only*:
 - *Project status*: What is the current status of the project? Has data collection been completed?

Clinical Case Report (Lecture Presentation, 15-minutes)

Your clinical case report abstract should include a synopsis of your case which includes:

- *Introduction*: Briefly describe the patient's primary complaint, relevant medical history, and the reason for presenting the case.
- *Patient Description*: Detailed patient demographics like age, sex, occupation, and relevant past medical history.
- *Case History*: A chronological account of the patient's symptoms, including onset, progression, and associated factors.
- *Physical Examination*: Findings from a physical exam conducted by the clinician, including vital signs and pertinent physical exam findings related to the patient's complaint.
- *Investigations*: Results of laboratory tests, imaging studies, or other diagnostic procedures performed to confirm the diagnosis.
- *Diagnosis*: The final diagnosis is based on the collected clinical information.
- *Treatment Plan*: The specific treatment strategy implemented for the patient, including medications, procedures, or therapies.
- *Outcome/Follow-up*: Description of the patient's response to treatment, including any complications or improvements observed during follow-up appointments.
- *Discussion*: Analysis of the case, including comparison to existing literature, potential limitations, and clinical implications of the findings
- *Conclusion*: A summary of the key points from the case study, highlighting the main learning points or takeaways.

Interactive Sessions (Movement or Panel) (45-minutes)

- *Purpose and Learning Outcomes*: Identify the objectives of the session and explicitly state the outcomes an attendee would expect to gain from attending this session. This may include the development of materials, new skills for research or clinical evaluation, knowledge pertaining to dance education practices, etc.
- *Literature Review (Background)*: Identify the research literature or other relevant background knowledge that supports the Interactive Session as evidence-based and/or relevant to the IADMS audience. This may also include a brief summary of the expertise of the speakers.

- *Planned activities*: Describe the planned activities for this session, including the interactive components.
- *Conclusion*: Summarize your conclusions, highlighting their relevance to treating, training, or conducting research with dancers and implications for future research in dance medicine and science.

Keyword Selection

When submitting your abstract, you will select three keywords that best relate to your abstract. The keywords are one of a few pieces of information used to assign reviewers to abstracts and how to organize accepted abstracts in the program. The selection of keywords is:

- Assessment, Diagnostics, and Screening
- Balance and Proprioception
- Biomechanics and Movement Analysis
- Dance Education and Pedagogy
- Dance for Health and Therapeutic Applications
- Dance Science
- Diversity, Equity, Inclusion, and Belonging
- Injury Prevention and Rehabilitation
- Mental Health and Wellness
- Motor Control and Neuroscience
- Nutrition and Energy Management
- Performance Enhancement and Movement Optimization
- Psychological Aspects in Dance
- Special Populations
- Strength and Conditioning
- Technology in Dance Science

Ethics Review – Human Participant Research

All original research involving human participants must be reviewed and approved by a research ethics committee [also known as an ethics review board, or institutional review board (IRB)]. Human subjects research that has not been reviewed and approved by an ethics board by the time of abstract submission will not be accepted for presentation. If you have questions regarding these ethics' requirements, please contact the Meetings & Events Committee:
meetings.events@iadms.org.

Presenting Authors

Presenting author is the submitter and the first primary presenter. The contact email provided online must be for the presenting author. It is the presenting author/submitter's responsibility to communicate changes or notifications to fellow presenters. **A person may be the presenting author on up to two abstracts.** The Meetings & Events Committee will not review additional submissions or consider them for inclusion in the IADMS Annual Conference. A person may be a secondary author on an unlimited number of abstracts. The principal investigator or project supervisor, especially for

student submissions, must be one of the named authors on a submission. If the lead presenter is different than the one listed in original submission, the lead author must share this change to conference@iadms.org by August 15.

A CV from the main presenter/primary author/submitter must be uploaded at the time of abstract submission.

Deadlines

Abstracts may be submitted via the [abstract submission system](#) until the deadline of February 1. Once an abstract is accepted presenters must adhere to the required deadlines as received by IADMS staff and Meetings & Events Committee. Notifications are sent out via the abstract system to all listed presenters. As such, we ask that you ensure that all presenters' emails are correct and check your inbox and spam folders for these notifications. Missed deadlines can result in your abstract being pulled from the program. By submitting an abstract, you are agreeing to be available all four days of the annual conference.

STEP 3: Prepare Your Presentation

This section is for accepted abstract submissions:

- **Target Audience**
- **Purpose**
- **Disclosure**
- **Abbreviations**
- **Language**
- **Lecture Presentations**
- **Interactive Sessions**
- **Poster Presentations**
- **General Questions**

Target Audience (not exclusive)

Athletic trainers, bodywork practitioners, dancers, dance educators, dance/sports science researchers, movement therapists, physical therapists/physiotherapists, physicians, psychiatrists, psychologists, somatic practitioners, sports-medicine professionals, and surgeons.

Purpose

Presenters should address the applicability of research findings to dance/dancers' health and wellness, education, continued research, science, and/or medicine.

Disclosure

All must make an oral statement; poster presenters must place presenters are required to

complete a disclosure form when accepting their presentation format and must disclose any financial relationships, or lack thereof, in their presentation. Lecture presenters must include a disclosure statement in their second slide on PPT; movement session presenters a statement at the bottom of their poster.

Disclosure Statements to include:

- No Disclosure – “[Insert presenter name(s)] have no financial disclosures that would be a potential conflict of interest with this presentation”
- Financial Disclosure – “[Insert presenter name(s)] have the following financial disclosures: [Insert disclosure specifics]”

Abbreviations

Avoid the use of abbreviations. If used, ensure full text for the first use of the abbreviated item, with abbreviation noted in parenthesis for future reference.

Language

Presentations must be given in English.

Lecture Presentations (15 minutes, PPT)

- **PowerPoint Due Date: August 15**. Due to accreditor regulations, NO changes can be made to the presentation once submitted. If you do not submit a PPT at this time you will not be allowed to use a PPT during your presentation.
- Presentations must be submitted via the IADMS Speaker Resource Center (link will be sent to accepted presenters). This is the preferred submission platform. If necessary, the presentation can be sent via WeTransfer to conference@iadms.org if the file size is too large.
- PowerPoint Format: No other format will be accepted; Mac users do NOT use Keynote when creating your presentation.
- Do not include the IADMS logo on your PowerPoint presentation.
- Font Type: Arial or Times New Roman
- Computers: PC will be used at the conference venue. Mac adaptors are unavailable. Presenters are not allowed to use their own computers when presenting.

Interactive Session (45-minutes, NO PPT)

- Interactive Sessions include both Movement or Panel Sessions
- Interactive Sessions are allotted 60-minutes in the conference program; 45min presentation time and 15 minutes of Q&A time. Facilitators of Interactive Sessions can use their discretion on how to use the time effectively to meet the goals of their session.
- Any additional props/supplies, and/or handouts necessary for the session must be brought by presenter(s). A PDF handout may be submitted to the IADMS Speaker Resource Center (link will be sent to accepted presenters) for attendees to access on the conference platform by

August 15.

- Prior to the conference, all live demonstrations with human demonstrators must be approved and have signed consent and liability forms for each participant. IADMS is not responsible for any injury, illness, medical condition, or other adverse effects as a result of participation in these activities.

Poster Presentations

- Poster format will be available upon acceptance.
- Minimum font size: 12pt.
- Do not place the IADMS logo on your poster.

Poster Competition

To be eligible, the first author of the poster must be physically present at the poster sessions to communicate with judges. The poster title must match identically with the conference listing. All research posters involving human subjects must state that informed consent and ethics approval was obtained. All posters must contain financial disclosure information and be in correct formatting. Contact information should be provided (e.g., email address) so feedback can be rendered to the first author/creator of the poster.

General Questions

Please contact conference@iadms.org with any questions.

Student Research and Travel Fund Support

Student Research Award provides a \$500US stipend and complimentary registration for the IADMS Annual Conference to a student/resident or recent graduate who has conducted especially promising research in the field of dance medicine and science.

Student Researcher Travel Fund provides a \$250US stipend and complimentary registration for the IADMS Annual Conference to two or more students/residents or recent graduates. The number of travel grants awarded each year depends on the funding available and the quality of the papers submitted.

Qualifications: For either award, the student researcher must be the primary investigator and the primary presenter. In addition, the research must have been conducted by a student that was enrolled in a full-time degree-seeking course of study and who is within one year of their graduation date.

Application: To apply for either award, when submitting an abstract in accordance with the IADMS Call for Presentations, indicate that you wish to be considered for a student award by selecting the appropriate Y/N option in the on-line submission form. Student/resident submissions can be submitted as Student Development Showcase which matches the criteria in the abstract submission guidelines.

Extended Abstract: If your presentation is accepted for the IADMS Annual Conference, your proposal will go through an initial blind review process through the Research and Publications Committee. If your study is selected, you will be invited for a second round of review (final date TBD), wherein you will be asked to submit an extended abstract that includes the abstract and keywords, introduction and objectives, methods, results, discussion, conclusion, and recommendations for future research.

Extended abstracts should not exceed 4 pages, including references, and more detailed formatting guidelines will be provided with the invitation to submit an extended abstract.

Announcement: Winners will be notified and announced on the IADMS website and social media outlets at the commencement of the IADMS Annual Conference. Awards will be given at the IADMS Annual Conference.

Questions about the student research awards should be emailed to conference@iadms.org.

Linda and William Hamilton Dance Wellness Symposium

The **Linda and William Hamilton Annual Dance Wellness Symposium** will be held in conjunction with the IADMS Annual Conference. The purpose is to highlight dance medicine professionals' emerging research on wellness, with a focus on the multifaceted aspects of physical and psychological stressors on those who dance or work with dancers of any level or style. Abstracts submitted for the IADMS Annual Conference that features multidisciplinary individual or collaborative research, and/or clinical focus in their approach to dancer health and wellbeing are encouraged to apply for this award.

Award: Three abstracts will be selected for this prestigious award. The recipients will receive a \$1,000 monetary prize and certificate(s) of achievement. They also will present their work at the Annual Conference in the highlighted Linda and William Hamilton Annual Dance Wellness Symposium section.

Qualifications: Applicants to the Linda and William Hamilton Annual Dance Wellness Symposium must:

- Be accepted for presentation to the conference through general review
- Represent completed work (Student Development Showcase submissions will not be accepted)
- Be prepared to present in a 15-minute Lecture Presentation format
- Abstracts must clearly relate to both physical and mental components of dancer health and wellness while offering an interdisciplinary viewpoint.
- Abstracts must contribute additional or clarifying evidence-based research to the field and not rely extensively on practitioner wisdom.
- Agree to have their presentation shared publicly upon request of IADMS.

Application and Awarding Process: When submitting an abstract in accordance with the IADMS Call for Presentations, indicate that you wish to be considered for the Hamilton Symposium by checking the appropriate box in the on-line submission form. Following the IADMS internal blind review process for annual conference abstract submissions, those submitters that meet the qualifying criteria (listed above) will then be reviewed by an independent adjudicating body.

Finalists for the Hamilton Symposium Award will be required to submit an extended abstract (final date TBD). The extended abstract allows for up to 1,000 words to expand on the research methodologies, results, provide a figure or table to support the research, and explicitly address, "How does this work represent interdisciplinary, not multidisciplinary, research that advances aspects of both mental and physical health and well-being in dancers and dance science?"

It is recommended that applicants for the Hamilton Symposium Award have their extended abstract prepared when submitting to present at the IADMS Annual Conference. Finalists will be notified with more details of how to submit their extended abstract. Extended abstracts must be received by the deadline to be considered for the award. The selected recipients of the award will

be notified in advance of the conference and will present their research during the Linda and William Hamilton Annual Dance Wellness Symposium featured session. IADMS reserves the right to share publicly your presentation and abstract, or their derivatives.

If your abstract is not chosen for the symposium it will remain in consideration for the main conference program.

Announcement: Winners will be notified via email in advance of the general announcement of the Hamilton Symposium's agenda on the website and social media outlets prior to the IADMS Annual Conference. Awards will be given at the IADMS Annual Conference.

Questions about the Linda and William Hamilton Dance Wellness Symposium can be emailed directly to conference@iadms.org.