

Thursday, October 27

Conference Registration/Check-in, Castletroy Park Hotel Lobby, 4:00-6:00pm
SiDI Pre-Conference Workshop, Irish World Academy Theatre 1, 2:30-6:30pm (registration required)

Friday, October 28, 2022				
Location	Castletroy Park Hotel Lecture Presentations (See key below for length)		Irish World Academy Practical Sessions (45min + 15min Q&A)	
Time (GMT+1)	Barrington Suite	Ballroom Suite	Theatre 1	Theatre 2
7:00-8:00am	Conference Registration/Check-in Castletroy Park Hotel Lobby			
8:00-8:45am	Medical SIG Highlight Moderator: David Popoli MD = It takes a team: Comprehensive approach to knee injury <u>Cassandra A Lee MD, Heather Southwick PT, MSPT, Kieran O'Sullivan PhD, Roger Wolman MD, FRCP, FFSEM</u>	Dance for Health Moderator: Peter Lewton-Brain DO ± Experiential research methods in dance for health <u>Ashley McGill PhD</u> * Development of a coding tool to examine physical activity elements in older adult dance classes <u>Emma Bennett, Claire Hillier PT, PhD, Alvcia Fong Yan PhD</u>	Dance Education Moderator: Jill Descoteaux AT, PhD Conservation of angular momentum; how pedagogy and athletic performance intersect <u>Sandro Rajic MS/c, Karen Sudds MS/c</u>	Training Moderator: Jatin Ambegaokar ATC, PhD Shaping sound: functional vocal training for the studio, stage, and clinic <u>Stephanie Higgins BA</u>
8:45-9:00am	Q&A	Q&A	Q&A	Q&A
9:00-9:45am	General Clinical/Biomechanics Moderator: David Popoli MD ± Comprehensive evaluation of anterior knee pain in dancers <u>Kathleen Davenport MD, Kristina Quirolgico MD, Stephanie Buza MD</u>	Training Moderator: Matt Wittstein PhD * Physical fitness changes throughout ballet training: a prospective cohort study <u>Manuela Angioi MS/c, PhD, Juncal Roman MS/c, PT, Alessandro Katchburian BS, MBBS</u> * Overtraining, injury, and the female dancer: mastering the balance of work and recovery <u>Allison Seifert PhD, CSCS</u> * Injury prevalence among pre-professional dance students is not affected by frequency of questionnaire <u>Rogier van Rijn PhD, Valeriya Volkova BS, Meghan Critchley MS/c, BFA, Janine Stubbe PhD, Sarah Kenny PhD</u>	Dance Education Moderator: Jill Descoteaux AT, PhD = Panel discussion: designing and funding successful interventions through collaborative teams <u>Kathleen McGuire Gaines BA, Liliana Araujo PhD, Leigh Skvarla PhD, Brian Goonan PhD, Britney Brinkman PhD</u>	Training Moderator: Stephanie D'Ath MSAC, BA Beyond the hinge – an exploration of knee rotation <u>Jennifer Deckert MFA</u>
9:45-10:00am	Q&A	Q&A	Q&A	Q&A
10:00-10:15am	Coffee Break			
10:15-11:00am	Biomechanics Moderator: Kelli Sharp DPT * Sonoelastography of the Achilles tendon in professional ballet dancers <u>Rondy Lazaro MD, Douglas Murphy MD, Shira Lanyi BS, Lauren Miller BS</u> * Achilles tendon features of professional dancers and college athletes using shear wave elastography <u>Courtney Gleason MD, Amanda Blackmon DPT, PT, Emma Faulkner DPT, PT, Felix Gonzalez MD, David Reiter PhD, Andrew Tran BS</u>	Dance for Health Moderator: Clare Guss-West BHum, MA * Meaningful dance experiences: exploring older adult wellbeing in different dance genre contexts <u>Louisa Petts MS/c, BA</u> ± Impact of choreographic approach on health and performance aesthetics in a company of mature dancers <u>Helen Laws BA, Claire Farmer BA, MS/c, Stella Eldon MA</u>	General Clinical Moderator: Lauren Elson MD Catching your breath after COVID-19 <u>Michele Pye AT/ATC, PhD, Rose Schmiege PT, PhD</u>	Training Moderator: Emma Redding PhD Dancers with scoliosis: practical applications for the studio using the Scolio-Pilates® method <u>Suzanne Koucheravy BS</u>
11:00-11:15am	Q&A	Q&A	Q&A	Q&A
11:15am-12:00pm	General Clinical Moderator: Nancy Kadel MD, IADMS Board President ± Not just winging it: utilizing neuromuscular ultrasound to diagnose and treat brachial plexus injury <u>Matthew Grierson MD</u> * Correlations between hypermobility, knee function and injury in university and professional dancers <u>Vaniece Lau BA, MS/c</u>	Biomechanics Moderator: Matt Wittstein PhD ± Leg symmetry index in collegiate dancers <u>Kelley Wiese AT/ATC, MS/c, Jatin Ambegaokar AT/ATC, PhD, Jena Hansen-Honeycutt AT/ATC, PhD</u> * Quantifying internal load in pre-professional contemporary dancers <u>Janine Stubbe PhD, Benjamin Soerel MS/c, Raoul Oudejans PhD, Jolan Kegelaers PhD, Rogier van Rijn PhD</u>	Biomechanics Moderator: Johanna Osmala PT The hip joint – stability and placement for the standing leg and work in parallel <u>Laura Erwin BA, MA, Astrid Donati BA</u>	Dance Training Moderator: Emma Redding PhD = Bridging the gap between pre-professional dance training and the industry: current challenges <u>Frances Clarke MS/c, PhD, Sara Matthews</u>
12:00-12:15pm	Q&A	Q&A	Q&A	Q&A
12:30pm	Ask the Experts: <u>Nefeli Tsiouti, PT, MA, MSc</u> discussing break dancing in the Olympic Games (Virtual only, local Ireland time)			

Program key:

= 45min Interactive Forum, ± 30min Lecture Presentation, * 15min Lecture Presentation.
Program is subject to change.

12:30-2:00pm Lunch	Lunch Break (Registration required for events below. Otherwise, lunch on your own.)		Irish Dance Class 12:30-1:00pm Irish World Academy Dance Studios (drop-in, space limited, IADMS conference attendees only)	
12:30-2:00pm Lunch	Castletroy Park Hotel-Restaurant Physicians Networking Luncheon	Castletroy Park Hotel-Ballroom Suite Dance for Health Networking Luncheon Supported by Gregory Youdan Jr.	Pavilion at University of Limerick Dance Educators' Networking Luncheon Supported by S6 Danca	
2:00-2:45pm	General Clinical/Foot & Ankle Moderator: Courtney Gleason MD ± An unusual foot injury in a male ballet dancer <u>Nancy Kadel MD, Matthew Grierson MD</u>	Mental Health Moderator: Inês Pinto PhD, MD * Disordered eating and exercise behaviors in undergraduate dancers <u>Kathryn Peters BA, MS/c, Jasmine Challis BS, RD</u> * Healing eating disorders in dancers through relationships and passions <u>Dawn Smith-Theodore MA</u>	Dance Education SIG Highlight Moderator: Ellie Kusner MSc Developing resilience in dance: The role of the environment and psychological safety <u>Mustafa Sarkar PhD, CPsychol, FHEA</u>	
	* Considerations for return to dance after bilateral os trigona excision <u>Elizabeth Agre DPT, BS</u>	* Understanding the impact of dance on body image among collegiate dancers: a qualitative study <u>Tessa Myers AT/ATC, OT</u>	Training Moderator: Stephanie D'Ath MSAC, BA Mobility - after hours <u>André Megerdichian MFA</u>	
	Q&A		Q&A	
2:45-3:00pm	Q&A		Q&A	
3:00-3:45pm	Foot & Ankle Moderator: Courtney Gleason MD AJH Howse Memorial Lecture = Interdisciplinary evaluation, management, and rehabilitation of chronic ankle instability: a panel <u>Catherine Vargo DPT, PT, Nancy Kadel MD, Kathleen Davenport MD, Amanda Blackmon DPT, PT Emma Faulkner DPT, PT</u>	Nutrition Moderator: Ann Brown PhD ± Dietary supplements for dancers: an update on current evidence and recommendations <u>Jasmine Challis BS, RD</u> * Six-weeks of creatine supplementation increases muscle mass and improves cognition in female dancers <u>Samantha Brooks PhD, Ann Brown PhD, Christopher Alfiero MS/c, Makenna Douglas BS, Annie Roe PhD, RDN, Darren Candow PhD</u>	Dance Education SIG Highlight Moderator: Ellie Kusner MSc Merely surviving or actively thriving? Fostering tools for resilience in dance <u>Imogen Aujla PhD, Michelle Schachtler Dwarika MA, MAS</u>	
	Q&A		Q&A	
3:45-4:00pm	Q&A		Q&A	
4:00-4:45pm	Mental Health Moderator: Lauren Elson MD = Building a resilience practice in dance <u>David Popoli BA, MD, Kathleen Davenport MD, Rogan Kersh BA, PhD, Jo-Anne La Flèche MA, PhD, Daisy Bremmer MA</u>	Biomechanics/Dance Education Moderator: Kelli Sharp DPT * Comparisons between video movement analysis and 3-D motion capture of the pointe-readiness tests <u>Annette Karim PhD, DPT, Christopher Patterson DPT, PhD, Michael Wong DPT</u> * Dance Injury Surveillance: The efficacy of weekly reporting and respondent compliance over 30 weeks <u>Yanan Dang MA, MS/c, Yiannis Koutedakis PhD, Ruoling Chen PhD, Matthew Wyon PhD</u> * Use of wearable technology in the dance studio environment: a pilot study <u>Sarah Kenny PhD, Valeriya Volkova BS, Reed Ferber PhD, Kati Pasanen PhD, PT,</u>	Journal of Dance Medicine and Science Moderator: Jill Descoteaux AT, PhD * Journal of Dance Medicine and Science: effectively reporting quantitative research <u>Jeff Russell AT/ATC, PhD, Jatin Ambegaonkar AT/ATC, PhD, Lynda Mainwaring PhD, Emma Redding PhD</u> * Journal of Dance Medicine and Science – pathways to enhancing dance for health submissions <u>Rachel Ward PhD, BS, Derrick Brown PhD, MS/c, Emma Redding PhD, Wendy Coates MD, Lynda Mainwaring PhD, Jeffrey Russell AT/ATC, PhD, Matthew Wyon PhD, Jatin Ambegaonkar AT/ATC, PhD</u> * Tips for performing a high impact peer review <u>Matthew Wyon PhD, Derrick D Brown MS/c, PhD, Jeff Russell AT/ATC, PhD, Jatin Ambegaonkar AT/ATC, PhD, Rachel Ward PhD, BS, Lynda Mainwaring PhD, MHK C, Psych, Emma Redding PhD, Wendy Coates MD</u>	
	Q&A		Q&A	
	Q&A		Q&A	
4:45-5:00pm	Q&A		Q&A	
5:30-6:30pm	Welcome Remarks & Award Ceremonies University of Limerick Concert Hall Reception to follow University of Limerick Concert Hall Foyer			
7:00pm	Ask the Experts: <i>Jatin P. Ambegaonkar PhD, ATC, FIADMS, OT, CSCS</i> & other JDMS Associate Editors discussing <i>All you wanted to know about the JDMS but did not know who to ask... ?</i> (Virtual only, local Ireland time)			
7:15pm	Irish Dance Class 7:15-7:45pm Irish World Academy Dance Studios (drop-in, space limited, IADMS conference attendees only)			
8:00pm	Student Social Locke Bar in Downtown Limerick Supported by University of Chichester (Registration required)			

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Saturday, October 29, 2022

Saturday, October 29, 2022					
Location	University of Limerick Lecture Presentations (See key below for length)			Irish World Academy Practical Sessions (45min + 15min Q&A)	
Time (GMT+1)	Concert Hall	Lecture Room 1 (Concert Hall)	Jean Monnet (Main Building)	Theatre 1	Theatre 2
7:50-8:50am	Welcome from the University of Limerick President Professor Kerstin Mey Keynote Presentation: Transitions in dance & challenges across the span of a dancer's career <u>Breandán de Gallaí PhD</u> Moderator: Nancy Kadel MD, IADMS Board President University of Limerick Concert Hall				
9:00-9:45am	Hamilton Symposium Award Winners Moderator: Matt Wittstein PhD, Manuela Angioi PhD, & Peter Lewton-Brain DO ± Hamilton Symposium Presentation <u>Linda Hamilton MA, PhD, Peter Lewton-Brain DO</u>	General Research Moderator: Matthew Grierson MD ± Outcomes of a 3-year prospective injury surveillance project of 15 professional dance companies <u>Gary Galbraith MFA</u>	General Clinical Moderator: Kathleen Davenport MD ± Hip pathology in dancers <u>Stephanie Buza MD</u>	Dance Education Moderator: Megan Richardson AT/ATC, LAc Pilates: upper body stability and mobility using the TheraBand <u>Lauren Kearns MFA</u>	General Clinical Moderator: Matt Wyon PhD Practical applications of the return to dance concussion protocol <u>Amy Werner DPT, BS, Dinah Hampson BS, PT, Kristin Koskinen BS, RDN, Shannon Bauman MD, BS</u>
	* Dance self-efficacy in older adults <u>Martha Waugh MA, MS/c</u>		* Hidden hip dysplasia: a dancer's journey from mild hip pain to surgery? <u>Catherine Vargo DPT, PT, Eden Gade DPT, PT</u>		
	* Dance as physical activity for children with cerebral palsy: a mixed-methods feasibility exploration <u>Ricarda Tillmann MS/c, Jane Simmonds PhD, Manuela Angioi MS/c, PhD, Ella Fleetwood, Dylan Morrissey MS/c, PhD</u>				
9:45-10:00am	Q&A				
10:15-11:00am	* Psychological and physical impact of remote learning on dance majors vs other performing arts majors <u>Andrea Valentini BA, Lalie Kahsai, Tillie Morrissette, Kelli Sharp DTP</u>	Coffee Break (10:00-10:15)			
	Hamilton Symposium Q&A (10:15-10:45)	General Clinical Moderator: Matthew Grierson MD = Returning the ballet dancer to full pointe work following injury <u>Andrea Zujko DPT, Kristen Kurie DPT</u>	Training, Nutrition, General Research Moderator: Kathleen Davenport MD * The holistic collegiate dancer health profile <u>Ann Brown PhD, Samantha Brooks PhD, Catherine Saenz PhD, RD, CSCS, Dave Sanders CSCS, PhD</u> * Case study/report - When nutrition impacts aging in a dancer with PCOS <u>Janine Cappello-Bryant MA, BFA</u> * Effect of menstrual status on biomarkers in adolescent, female ballet dancers across a season <u>Dave Sanders CSCS, Ph, Morgan Murray MS/c, Alexa Chandler MS/c, Bridget McFadden PhD, Alan Walker PhD, Harry Cintineo MS/c, Marissa Bello PhD, Brittany Bozzini PhD, Shawn Arent PhD</u>	Training Moderator: Johanna Osmala PT Experiential workshop exploring the intersection of fascia, neural networks and positive body image <u>Whitney Schmanski BFA, MFA, Kelli Sharp DPT</u>	Training Moderator: Claire Hiller, PT, PhD Examining the educational potential a screen in which participants are taught to screen themselves <u>Elizabeth Corwin DPT, Victoria Watts MFA, PhD</u>
11:00-11:15am	Q&A				
11:15am-12:00pm	General Research Moderator: Matt Wyon PhD * Usability testing of digitally enhanced remote exercise rehabilitation for injured dancers/athletes <u>Carolina Jubb BS, MS/c, Dylan Morrissey PhD, MS/c, Elisabetta Versace MS/c, PhD, Manuela Angioi MS/c, PhD, Theano Vikatou BA, MS/c, BS, Andrea Cavallaro MS/c, PhD, Xavier Wember BS, MS/c, Diane Abdallah BA, MS/c, PhD</u>	General Research/Dance Education Moderator: Danielle Jarvis ATC, PhD * Comparing keywords plus and author's keywords in dance medicine and science <u>Derrick D Brown MS/c, PhD</u>	Foot & Ankle Moderator: Nancy Kadel MD, IADMS Board President * Importance of intrinsic foot muscles in CAI rehabilitation: a protocol for ballet dancers <u>Marie Breucque, Jean-Baptiste Colombié AT/ATC, PT</u>	Biomechanics Moderator: Catherine Haber MSc * Are kinetic asymmetries during jumping associated with prospective injury risk <u>Niall MacSweeney CSCS, MS/c</u>	Training Moderator: Jennifer Deckert MFA Breath control for health and efficiency in dance technique and performance <u>Autumn Mist Belk BA, MFA, Tara Zaffuto Mullins BA, MFA, Courtney Hinton BS, DO</u>
	* Mixed-methods usability of digitally-enhanced remote rehabilitation feedback for injured dancers <u>Theano Vikatou BA, MS/c, BS, Elisabetta Versace MS/c, PhD, Manuela Angioi MS/c, PhD, Caroline Jubb BS, MS/c, Diane Abdallah BA, MS/c, PhD, Xavier Wember BS, MS/c, Andrea Cavallaro MS/c, PhD, Dylan Morrissey PhD, MS/c</u>	* Methodological considerations for investigating the physiological demands of live dance performance <u>Edel Quin BA, MS/c, Sarah Needham-Beck MS/c, PhD, Marcus Smith MS/c, PhD, Andy West MS/c, PhD</u>	* Virtual rehab of an Achilles tendon tear, post repair, via virtual group classes - case report <u>Dinah Hampson PT, Alan Ramirez</u>	* The association between joint range of motion and muscle strength in young female dancers <u>Nili Steinberg PhD, Itzhak Siev-Ner MD</u>	
	* Cardiorespiratory profile of professional dancers: a comparative study with top athletes <u>Marie Jalliffier-Verne MD, Xavière Barreau PhD, MD, Yadiria Ibarquien - Vargas PhD, PT, Laurence Kern PsyD, Annabelle Couillandre PhD, PT</u>	* Resilience and Ethics in Dance Education (REDE)- a scoping review <u>Michelle Schachtler Dwarika MA, MS/c, Heidi Haraldsen PhD</u>	* Morton's neuroma in dancers: a survey of dancers and health care professionals treating dancers <u>Mai Katakura MD, PhD, Moira McCormack MS/c, PhD, Angela Kedgley PhD, James Calder MD, PhD</u>	* How much turnout is too much? How mobility and strength relate to sauté performance <u>Bridget Murano BA, Katherine Long DPT, BA, Kaitlyn Boellner BS, Deborah Espy PT, PhD</u>	
12:00-12:15pm	Q&A				

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12:30pm	Ask the Experts: Boglárka Simon-Hatala discussing the relevance of dance-related psychotrauma experiences in the practice of dance medicine (Virtual only, local Ireland time)				
12:30-2:00pm Lunch	Lunch Break (Registration required for events below. Otherwise, lunch on your own.)		Irish Dance Class 12:30-1:00pm Irish World Academy Dance Studios (drop-in, space limited, IADMS conference attendees only)		
	Roundtable Lunches Main Building-EGO-10 Biomechanics Dance for Health Diversity, equity, & inclusion: gender inclusion Foot & Ankle: Posterior Ankle Syndrome Medical: Anterior Knee Pain Mental Health Publishing your research in JDMS Post COVID Return for Professional Dancers & Companies RED-S Spine Issues for Dancers: Scoliosis Telemedicine & dance: challenges and opportunities in dance medicine The pregnant dancer				
2:00-2:45pm	Dance Education Moderator: Ellie Kusner MSc	Screening Moderator: Jatin Ambegaokar ATC, PhD	Mental Health Moderator: Nancy Kadel MD, IADMS Board President	Training Moderator: Stephanie D'Ath MSAC, BA	Dance Education Moderator: Zahra Carpenter BFA
	* Learning and Listening: conversations vis-à-vis the dancer's lived experience of learning <u>Dennie Wilson BA, MA, Pamela Richards PhD, MS/c</u>	* Comprehensive pre-season health evaluation of professional ballet companies <u>Anja Hauschild MD, Astrid Junge PhD, Martha Richter PT, Anneli Chasemore MS/c, Grit Reimann PhD, Helge Riepenhof MD</u>	= What is mental health? IADMS mental health working group expert panel <u>Lynda Mainwaring PhD MHK C, Psych, Eléonora Abreu MD, Imogen Auja PhD, Nancy Kadel MD, Jo-Anne La Flèche MA, PhD, Nicoletta P. Lekka MD, MS/c, PhD, Peter Lewton-Brain DO, MA, Kathleen McGuire BA, Gene Moyle D. Psych, MP psych, Inês Pinto MD, PhD, Bonnie Robson, MD, DCP, FRCPC, Paula Thomson PsyD</u>	Reactivity and the benefits for dancers – a practical application <u>Angélique Keller MS/c</u>	Myotome movement patterns: somatic improvisations from the inside out <u>Laura Neese BFA, MFA</u>
	* Where anatomy and creativity meet: The Dance Anatomy Coloring Book, an educational resource <u>Tricia Zweier MS/c, MFA</u>	* Screening protocols for pointe readiness in young adolescent dancers: a Delphi study <u>Kelly Hough-Coles BA, MS/c, Matthew Wyon PhD</u>			
	* From research to high school dance practice: creating an attentional focus CPD program for teachers <u>Clare Guss-West MA, David Leventhal BA</u>	* Predictive value and practicability concerns of the Return-to-Dance-Tool-Box (ReDToB) <u>Marcus Trocha MS/c, PT, Martha Richter PT</u>			
2:45-3:00pm	Q&A	Q&A	Q&A	Q&A	Q&A
3:00-3:45pm	General Clinical Moderator: David Popoli MD	IADMS Professional Development Moderator: Lauren Elson MD	Mental Health Moderator: Inês Pinto PhD, MD	Training Moderator: Jennifer Deckert MFA	Dance Education Moderator: Zahra Carpenter BFA
	± Guidelines for return to elite ballet postpartum: six steps from pregnancy to pointe <u>Bonnie McRae BS, MBBS, Zara Gomez</u>	= Benchmarking professional standards within our community <u>Matthew Wyon PhD, Elaine Manolis DPT, Ana Morais Azevedo PhD, Mandy Zhang MBBS, MD, Steven Karageanes DO</u>	± Performance psychology and the performing arts: a summary of provider experiences <u>Arianna Shimits BA, MA, William Reid BA, MA</u>	Mindfulness in the dance studio: a practical exploration <u>Sanna Nordin-Bates PhD</u>	"Turnout From the Ground Up" - Exploring the up phase of plié <u>Alicia Head</u>
	* Supporting dancers through perimenopause, menopause, and beyond: what clinicians should know <u>Brooke Winder PT, DPT, Nicky Keay MA, MD, Dinah Hampson BS, PT</u>		* A cross-cultural case series on the psychological wellbeing of performing arts students and teachers <u>Liliana Araujo PhD, Sonia Rafferty MS/c</u>		
3:45-4:00pm	Q&A	Q&A	Q&A	Q&A	Q&A
4:00-4:45	General Clinical Moderator: Matthew Grierson MD	Hypermobility/Biomechanics Moderator: Lauren Elson MD	Mental Health Moderator: Inês Pinto PhD, MD	Training Moderator: Jennifer Deckert MFA	IADMS Student Committee Moderator: Elizabeth Yutzey MFA
	= Just keep dancing: an examination of the decreased health behaviors in collegiate dancers <u>Jacob Manley DPT, AT/ATC, Michele Pye AT/ATC, PhD</u>	* The lived experience of Joint Hypermobility Syndrome (JHS) in dancers: a phenomenological study <u>Ellie Mayhew BS, PT</u>	± The slow regard of silent things: building mental and emotional resilience for dancers <u>Casey Copeland BFA, MA, Tom Welsh MS/c, PhD, Jon Bailey PhD, Kristin Javate BA, Shaniyah Jennings BS</u>	Using attentional focus strategies to achieve transcendence in Flamenco and other dance genres <u>Aviva Kornel MFA, Clare Guss-West MA</u>	= You're getting your degree. Now what? Career pathways in dance medicine and science <u>IADMS Student Committee</u>
		* Associations between body awareness and body trauma within joint hypermobility <u>Wendy Timmons PhD</u>			
		* Should the heels touch the floor during the plié in classical ballet jumps <u>Barbara Pessali-Marques PhD, MS/c, Wanessa De Assis Souza BS</u>	* Health monitoring in elite adolescent vocational dancers <u>Stephanie Keizer Hulsebosh MA, Janine Stubbe PhD, Rogier Van Rijn PhD, Annemiek Tiemens MS/c</u>		
4:45-5:00pm	Q&A	Q&A	Q&A	Q&A	Q&A
5:00pm	Ask the Experts: Gregory Youdan, MA, MS discussing dance for health in academia (Virtual only, local Ireland time)				
5:00-6:00pm	Poster Presentations Q&A Main Building: EGO-10		Student-to-Professional Networking Event Irish World Academy: Theatre 2		
8:00pm	Damhas-A World of Dance Evening Performance University of Limerick Concert Hall (Ticket required)				

Program key:

= 45min Interactive Forum, ± 30min Lecture Presentation, * 15min Lecture Presentation.
Program is subject to change.

Sunday, October 30, 2022

7:00-7:45am						Breakfast with the Board of Directors University of Limerick Concert Hall Foyer					
8:00-9:00am						32 nd Annual Membership Meeting University of Limerick Concert Hall					
Location		University of Limerick Lecture Presentations (See key below for length)				Irish World Academy Practical Sessions (45min + 15min Q&A)					
Time (GMT+1)		Concert Hall		Lecture Room 1 (Concert Hall)		Jean Monnet (Main Building)		Theatre 1		Theatre 2	
9:05-10:05am						Keynote Presentation: Examining and Supporting dance student-parent-teacher relationship <u>Camilla Knight PhD</u> Moderator: Kathleen Davenport MD University of Limerick Concert Hall					
10:05-10:15am						Coffee Break					
10:15-11:00am		Screening Moderator: Kathleen Davenport MD = Professional freelance dancer screening in the United States: Panel discussion and interactive forum <u>Annette Karim PhD, DPT, Nancy Kadel MD, Lauren Elson MD, Jennie Morton BS, MS/c</u>		Diversity, Equity, Inclusion Moderator: Zahra Carpenter BFA ± Leaning into/dis/comfort: intersecting the boundaries of diversity, equity and inclusion in dance <u>Derrick Brown PhD, MS/c</u> * Penis points to standards of whiteness: dancers' social identities and experiences of harm <u>Aalaya Milne MS/c, Ashley Stirling MS/c, PhD</u>		General Research Moderator: Danielle Jarvis ATC, PhD * Changes in health-related quality of life and sleep in collegiate dancers over an academic year <u>Victoria Fautroy MS/c, AT/ATC, Sarah M. Littleton, Holly Klee PhD</u> * Undergraduate contemporary dancers' perceptions of dance-related pain, injury, and fatigue <u>Jenna Magrath B, Vanessa Paglione, Lindsay Morrison BA, Sarah Kenny PhD</u>		Mental Health Moderator: Nicoletta Lekka PhD, MD Safeguarding artist mental health: risk and safety in trauma-focused choreographic processes <u>Stuart Waters MA, Erin Sanchez MS/c</u>		Training Moderator: Megan Richardson AT/ATC, Lac Training a dancer's core from lid to floor: integrating Glottis-pelvic floor approaches for dance <u>Brooke Winder PT, DPT, Stephanie Higgins BA</u>	
11:00-11:15am		Q&A		Q&A		Q&A		Q&A		Q&A	
11:15am-12:00pm		Training Moderator: Matt Wyon PhD * The effect of intermittent, high-intensity dance activity on movement quality <u>Michael Doolan MFA, BA, Emma Redding PhD, James Brouner MS/c, PhD</u> * Just keep dancing: an examination of the relationship between self-reported time dancing and health <u>Jacob Manley DPT, AT/ATC</u>		Maternity/Parenting Moderator: Johanna Osmala PT * Maternity leave: a qualitative approach to psychosocial issues for circus and dance artists <u>Agathe Dumont MFA, PhD</u> * Including the maternal body in dance <u>Chloe Hillyar BA</u> * Professional contemporary dancers becoming parents: navigating impacts on mental health and identity <u>Angela Pickard PhD, MA, Lucy McCrudden BA, MA</u>		Dance Education/Biomechanics Moderator: Danielle Jarvis ATC, PhD * Dancers with scoliosis: from theory to studio <u>Suzanne Koucheravy BS</u> * The effect of ideokinesis on dynamic postural control of grand battements in dance students <u>Isobel Jupp BS</u> * Considerations for breast biomechanics in dance screening and training <u>Amelia Millward BA, MFA, James Brouner MS/c, PhD</u>		Dance for Health SIG Highlight Moderator: Clare Guss-West BHum, MA Dance - a life line <u>Sara Houston PhD, Åsa N Åström BS</u>		Training Moderator: Megan Richardson AT/ATC, Lac Considerations on cross training for dancers <u>Jessica Smith DPT, PT, Catherine Vargo DPT, PT</u>	
12:00-12:15am		Q&A		Q&A		Q&A		Q&A		Q&A	
12:30pm						Ask the Experts: <u>Matthew Grierson MD & Nancy Kadel MD</u> discussing starting a free clinic for dancers (Virtual only, local Ireland time)					
12:30-1:30 Lunch						Lunch (On your own)		Irish Dance Class 12:30-1:00pm Irish World Academy Dance Studios (drop-in, space limited, IADMS conference attendees only)			
						IADMS Operational Committee's Member Lunch (For IADMS Operational Committee members only) Main Building: EGO-10					
1:30-2:00pm						Meet Committee Chairs and Conference Exhibitors University of Limerick Concert Hall Foyer					
2:00-2:45pm		Mental Health/General Research Moderator: Nicolette Lekka PhD, MD * When full recovery is impossible: psychosocial consequences of serious injuries in circus artists <u>Agathe Dumont MFA, PhD</u> * Body image distortion and dissatisfaction in male and female college dancers <u>Mackinsey Shahan MS/c, RDN, Crystal C. Douglas RDN, PhD, Simone P. Camel RDN, PhD</u> * Assessment of collegiate dance injuries and access to care <u>Amanda Moore BS, MFA, Victoria Wagner-Greene BS, PhD, Kristina White BS, MS/c, PhD</u>		Biomechanics Moderator: Claire Hillier PT, PhD * A kinematic analysis of calcaneal eversion and ankle dorsiflexion in a dancer's demi-plié <u>Anna Schrefl MS/c, Rolf van de Langenberg PhD, Andrea Schärfli PhD</u> * Comparison of plantarflexion during elevé barefoot and en pointe using a multi-segment foot model <u>Kimberly Veirs PhD, PT, Josiah Rippetoe BS, Jonathan Baldwin Other, MS/c, Carol Dionne DPT, PhD, Lynn Jeffries DPT, PhD</u> * Biomechanical analysis in single pirouettes by amateur and professional dancers wearing pointe shoes <u>Yurina Tsubaki MS/c, PT, Yui Kawano PhD, Mayumi Mizumura-Kuno PhD</u>		Foot & Ankle/Biomechanics Moderator: Danielle Jarvis PhD, ATC ± Recommendations for improvements to the hard Irish dancing shoe in mitigating foot injury <u>Bernard Hartigan MA, Louise Kiernan PhD, Orfhlaith Ni Bhriain PhD, Eoin White PhD</u> * The effect of dance shoes on jumping performance in dancers <u>Christopher Urey BS, MS/c, Kimberly Hernandez, Gwendolyn Retzinger, Danielle Jarvis AT/ATC, PhD</u>		Medical & Dance for Health SIG Highlight Moderator: David Popoli MD Mindfulness and attentional focus as diagnostic and performance enhancement tools <u>Christina Soriano BA, MFA, Clare Guss-West, BHum MA, Jo-Anne La-Fleche, MA PhD, Daisy Bremmer MA</u>		Screening Moderator: Elizabeth Yutzey MFA The Dance Fitness Indicator® (DFI): a practical workshop <u>Kate Rogan MS/c, BA, Claire Farmer BA, MS/c</u>	
2:45-3:00pm		Q&A		Q&A		Q&A		Q&A		Q&A	

Program key:

= 45min Interactive Forum, ± 30min Lecture Presentation, * 15min Lecture Presentation.
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	Biomechanics Moderator: Derrick Brown PhD	Training/General Research Moderator: Claire Hiller PT, PhD	Dance for Health Moderator: Peter Lewton-Brain DO		Training Moderator: Johanna Osmala PT
3:00-3:45pm	<p>* Validating a dance-specific measure for double pirouette performance <u>Catherine Haber MS/c</u>, Luke Hopper PhD, Nahoko Sato PhD, PT, Andrea Schärli PhD</p> <p>* Irish dance zooms: transverse plane trunk rotation and momentum transfer <u>Melanie Lott MS/c, PhD</u>, Muireann Ní Chiara BA, MA</p> <p>* Qualitative assessment of exertion in dance specific motion of sautés: a pilot study <u>Marisa Hentis DPT, PT</u>, <u>Alexa Savitz DPT, PT</u>, <u>Kornelia Kulig PhD</u>, <u>PT Hai-Jung Steffi Shih PhD, PT</u></p>	<p>± The ubiquitous body: Dynamic interactive focus of attention in expert motor performance <u>Rebecca Gose BS, MFA</u>, <u>Christian Kronsted MA, PhD</u></p> <p>* Effects of external and internal attentional focus on dancers' performance <u>Kelley Wiese AT/ATC, MS/c</u>, <u>Jatin Ambegaonkar AT/ATC, PhD</u>, <u>Joel Martin CSCS, PhD</u></p>	<p>± Sharing dance with people living with dementia <u>Rachel Bar MA, PhD</u>, <u>Rachel Herron MA, PhD</u>, <u>Mark Skinner MA, PhD</u>, <u>An Kosurko MA, BA</u>, <u>Pia Kontos MA, PhD</u>, <u>Verena Menec MA, PhD</u></p> <p>* How does an online Brazilian dance protocol affect quality of life in people with Parkinson's? <u>Aline Noqueira Haas PhD</u>, <u>Isadora Loch Sbeghen MS/c, BS</u>, <u>Mariana Wolffenbuttel BA</u>, <u>Maria Vitória Andreazza Duarte BA</u>, <u>Sofia Cosme Silveira, Eliamary Cristiane Teixeira da Silva BA</u>, <u>Marcela Delabary BA, MS/c</u></p>		<p>Injury reduction and improvement of technique in West Coast Swing dancers <u>Alyssa Arms DPT, PT</u></p>
3:45-4:00pm	Q&A	Q&A	Q&A	Q&A	Q&A
4:00-4:45pm	<p>Mental Health Moderator: Nicolette Lekka PhD, MD</p> <p>* Prevalence and history of mental health problems in professional ballet dancers <u>Astrid Junge PhD</u>, <u>Grit Reimann PhD</u>, <u>Anja Hauschild MD</u></p> <p>± Ballet, body image, and mirror exposure <u>Sally Radell MA, MFA</u>, <u>Mara P Mandradjeff MA, PhD</u>, <u>Smrithi R. Ramachandran BA</u>, <u>Daniel D. Adame PhD</u>, <u>Steven P. Cole PhD</u></p>	<p>General Research/General Clinical Moderator: Kathleen Davenport MD</p> <p>± The relationship between hypermobility and balance in collegiate dancers: a data mining study <u>Allegra Romita MA</u></p> <p>* Ballet dancers' weekly reports of injuries, illnesses and mental health problems during one season <u>Anja Hauschild MD</u>, <u>Astrid Junge PhD</u>, <u>Rogier van Rijn PhD</u>, <u>Janine Stubbe PhD</u></p>	<p>Nutrition Moderator: Ann Brown PhD</p> <p>* Assessing change in body composition index among collegiate dancers across an academic semester <u>Jatin Ambegaonkar AT/ATC, PhD</u>, <u>Ann Brown PhD</u></p> <p>* Energy intake and general nutritional knowledge in pre-professional and professional dancers <u>Alissa Nehrllich BA, MS/c</u></p> <p>* Survey development for assessing nutrition knowledge and attitudes of collegiate dance faculty <u>Mackinsey Shahan MS/c, RDN</u>, <u>Joy W. Douglas RD, PhD</u>, <u>Amy C. Ellis RDN, PhD</u>, <u>Seung Eun Jung RDN, PhD</u>, <u>Deidre Leaver-Dunn AT/ATC, PhD</u>, <u>Toni Torres-McGehee AT/ATC, PhD</u>, <u>Stefanie A. Wind PhD</u>, <u>Jeannine C. Lawrence RDN, PhD</u></p>	<p>Training Moderator: Elizabeth Yutzey MFA</p> <p>± Testing the effect of mindfulness practices on college dancers <u>Lisa Draskovich-Long BFA, MFA</u>, <u>Jaime Rodden BS, CSCS</u></p>	<p>Training Moderator: Matt Wittstein PhD</p> <p>* Use of risk analysis and injury prevention programs in large musical theater productions <u>Maeve Talbot PT, DPT</u>, <u>Gabriella Greif DPT, PT</u></p> <p>* Validity of a points-based system for managing performance load over prolonged touring in dance <u>Edel Quin MS/c, BA</u>, <u>Sarah Needham-Beck MS/c, PhD</u>, <u>Marcus Smith MS/c, PhD</u>, <u>Andy West MS/c, PhD</u></p>
4:45-5:00pm	Q&A	Q&A	Q&A	Q&A	Q&A
5:00-5:45pm	<p>Mental Health Moderator: Nicolette Lekka PhD, MD</p> <p>* Associations between social media use, body dissatisfaction, and self-efficacy among ballet students <u>Ana Paola Ramos MS/c</u>, <u>Liliana Araujo PhD</u></p> <p>* A qualitative investigation of the psychosocial factors of retired elite male ballet dancers <u>Mark D Pace MS/c, BA</u>, <u>Tavis King BA, MA, MS/c</u></p>	<p>General Research Moderator: Matt Wyon PhD</p> <p>* Test-retest reliability of a dance-specific jump test using IMU's in university contemporary dancers <u>Meghan Critchley MS/c, BFA</u>, <u>Lauren Benson PhD</u>, <u>Reed Ferber PhD</u>, <u>Kati Pasanen PhD, PT</u>, <u>Sarah Kenny PhD</u></p> <p>* Vertical dancers can discriminate the movements performed upside down in the air better than others <u>Margaret Wilson PhD</u>, <u>Qin Zhu PhD</u>, <u>Xiaoye Wang PhD</u></p> <p>* Dancers use visual re-weighting for postural control during the presence of dynamic sound <u>Elizabeth Coker EdD, MA</u>, <u>Agnieszka Roginska PhD</u>, <u>Anat Lubetzky PhD, PT, CSCS</u></p>	<p>Nutrition Moderator: Ann Brown PhD</p> <p>± Low energy availability in female and male pre-professional contemporary dancers: utilizing the DEAQ <u>Joanne Penner BA, MS/c</u>, <u>Emma Redding PhD</u>, <u>Scott Sinclair BS, MS/c</u></p>	<p>Training Moderator: Matthew Grierson MD</p> <p>Demystifying blood flow restriction training with practical implementations for dancers <u>Andrea Lasner PT, DPT</u>, <u>Monique DeLuca PT, DPT</u></p>	<p>Dance Education Moderator: Matt Wittstein PhD</p> <p>Pilot use of mixed reality holographic anatomy in dance anatomy/kinesiology <u>Gary Galbraith MFA</u>, <u>Karen Potter MFA</u>, <u>Susanne Wish-Baratz PhD</u></p>
5:45-6:00pm	Q&A	Q&A	Q&A	Q&A	Q&A
6:00pm	Irish Dance Class 6:00-6:30pm Irish World Academy Dance Studios (drop-in, space limited, IADMS conference attendees only)				
6:15pm	IADMS Board of Directors Townhall University of Limerick Concert Hall				
8:00pm	Dance Party Castletroy Park Hotel				

Program key:

= 45min Interactive Forum, ± 30min Lecture Presentation, * 15min Lecture Presentation.
Program is subject to change.

Monday, October 31, 2022

Monday, October 31, 2022					
Location	University of Limerick Lecture Presentations (See key below for length)			Irish World Academy Practical Sessions (45min + 15min Q&A)	
Time (GMT)	Concert Hall	Lecture Room 1 (Concert Hall)	Jean Monnet (Main Building)	Theatre 1	Theatre 2
8:00-8:45am	Diversity, Equity, Inclusion Moderator: Zahra Carpenter BFA	General Clinical Moderator: Matthew Grierson MD	Mental Health Moderator: Inês Pinto PhD, MD	Dance Education Moderator: Jennifer Deckert MFA	Biomechanics Moderator: Andrea Kozai PhD
	= Intersectionality in dance science and dance education research Derrick D Brown MS/c, PhD	* Return to dance following cardiac arrest in 15-year-old girl: a case study Monique DeLuca PT, DPT	* Perfectionism, stress, and basic need support provision in dance teachers & aesthetic sport coaches Sanna Nordin-Bates PhD , Gareth Jowett PhD	Learning language through kinesthetic play Anne Wilcox BA, MFA	Inversions – exploring function of the upper body and trunk for safe and successful weight bearing Lisa Shoaf DPT, PhD , Judith Steel MA
		* Strength training with blood flow restriction in a ballet dancer with hamstring injury Moira McCormack MS/c , Bruce Paton PhD, PT	* Anxiety in dancers: a multifaceted psychological, physiologic, and biomechanical investigation Danielle Jarvis AT/ATC, PhD , Paula Thomson PsyD , S. Victoria Jaque PhD		
8:45-9:00am	Q&A	Q&A	Q&A	Q&A	Q&A
9:00-9:45am	Dance Education Moderator: Jill Descoteaux PhD ATC	General Research Moderator: Catherine Haber MSc	General Research Moderator: Claire Hiller PT, PhD	Diversity, Equity, Inclusion Moderator: Jennifer Deckert MFA	Training Moderator: Stephanie D'Ath MSAC, BA
	± Sexual abuse in dance training: a call-to-action Danielle Burton MD, BA	* 3-year analysis of screen data in collegiate dancers and correlation with self-reported injury risk Trina Bellendir MS/c, PT , Ziva Petrin MD , Dan Cushman MD	* The effects of osteopathic based mesenteric mobilization on dancers développé à la seconde Peter Lewton-Brain DO , Emma Redding PhD , Annabelle Couillandre PhD, PT	The use of imagery and kinesthetic modalities to aid in inclusive practices in the studio Kelli Sharp DPT , Bradford Chin BA	Mental practice strategies to enhance core stability in dance training Nancy Romita MFA , Allegra Romita MA
	* An analysis of online dance safeguarding initiatives Sophie Wensel BA, MS/c , Aalaya Milne MS/c , Ashley Stirling MS/c , PhD , Gretchen Kerr MS/c , PhD	* Injury epidemiology in elite adolescent ballet dancers: a 5-year prospective study Meghan Critchley MS/c , BFA , Reed Ferber PhD , Kati Pasanen PhD, PT , Sarah Kenny PhD	* Frequency of upper body muscular actions in ballet and contemporary dance performance Claire Farmer MS/c , James Brouner MS/c , PhD		
9:45-10:00am	Q&A	Q&A	Q&A	Q&A	Q&A
10:00-10:15am	Coffee Break				
10:15-11:00am	Dance Education Moderator: Jill Descoteaux PhD ATC	General Research Moderator: Catherine Haber MSc	Mental Health Moderator: Lauren Elson MD	Medical & Dance for Health SIG Highlight Moderator: Clare Guss-West BHum, MA	
	± Reflections on early specialization in ballet: experiences of motivation and autonomy Charlotte Downing BA, MS/c , Karin Redelius PhD , Sanna Nordin-Bates PhD	* University dance team: dance medicine and science applied to an athletic and artistic dance style Jeff Russell AT/ATC, PhD , Samantha McFadden BA , Cassandra Everhart	± The mental health of collegiate dancers during the 2020 COVID-19 pandemic: a case for support Kathleen McGuire Gaines BA , Liliana Araújo PhD , Brian Goonan PhD , Leigh Skvarla PhD	The role of dance in cancer care Diane Hebert MD , David Rodriguez MA , Emily Jenkins MA	
	* Resistance training for dancers – can dancers lift without turning into the Hulk? Andrea Kozai MS/c, PhD	* Moving from capturing exposure to monitoring workload in dance: A systematic review Sarah Kenny PhD , Valeriya Volkova BS , Anu Raisanen PT, PhD , Lauren Benson PhD , Reed Ferber PhD			
11:00-11:15am	Q&A	Q&A	Q&A		
11:15am-12:00pm	Dance for Health Moderator: Elizabeth Yutzey MFA	Research Moderator: Peter Lewton-Brain DO	IADMS Mental Health Work Group		
	* Effectiveness of dance classes delivered virtually for individuals with Parkinson's disease Jennifer Guy Metcalf BFA, MFA , Srikant Vallabhajosula DPT, MS/c , Crystal Ramsey DPT, PhD , Andi Crosby DPT , Maryanne Wilson DPT	* Establishment of the North American coalition of dance science researchers Ann Brown PhD , Samantha Brooks PhD , Catherine Saenz PhD, RD, CSCS , Dave Sanders CSCS, PhD , Courtney Myers CSCS, BFA	= Moving toward mental health: practical skills to take home IADMS Mental Health Work Group		
	* Stakeholders' perspectives on community dance participation for older adults Vanessa Paglione, BS, MS/c , Sarah J. Kenny BA, MS/c, PhD , Lindsay Morrison BA , Meghan McDonough PhD	* Assessing the practical significance of dance medicine & science research findings Tom Welsh PhD			
12:00-12:15pm	Q&A	Q&A	Q&A	Q&A	
12:30-1:00pm	Closing Remarks University of Limerick Concert Hall				

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Poster Presentations

Posters will be displayed throughout the entire conference.

Poster Presenters Q&A: Saturday, October 29, 5:00-6:00pm
Main Building EGO-10

1. A new way to attend classes: mirror therapy during classes for injured dancers [Camille Fonty, Jean-Baptiste Colombié AT/ATC, PT](#)
2. A question of context: dance science in injury prevention; real-time solutions [Rutger Klauwers MS/c, Laura Hillenius BA](#)
3. And the band plays on: Long COVID changes the stage [Leigh Alexander BA, DPT, PT](#)
4. Annual wellness screening of university level dancers pre COVID-19 compared to post COVID-19 [Marisa Hentis DPT, PT, Sarah Pownier PT, DPT](#)
5. Assessing the conditioning needs of high school dance teams [Carisa Armstrong BS, MFA, Christine Bergeron BA, MFA](#)
6. Conflict and Resolution: A Qualitative Study of Coping Among Injured Dancers [Danielle Rutter BS, MS/c](#)
7. Creating a questionnaire to gauge perception of Indian dancers regarding need for fitness training [Prachi Shah PT, Aditi Mullick PT](#)
8. Dance educator experiences teaching pre-professional ballet dancers [Jamie Hawke MA, MFA, Shannon Bredin MS/c, PhD](#)
9. Dance for math: an embodied experience of mathematical concepts to develop math confidence [Jacqueline Dimmock BA, MS/c](#)
10. Dance for PD - towards a unified language for dance educators and rehabilitation professionals [Abigail Schreiber BA, Miriam King BS, MA, David Leventhal BA, Maria Portman Kelly BFA, Lori Quinn PT, EdD, Hai-Jung Steffi Shih PhD, PT](#)
11. Dancers assessments with face mask testing [Claire Winther, Sarah Kenny PhD, Patricia Doyle-Baker BS, MA, PhD](#)
12. Dancing and the sense of belonging [Åsa Elowson MS/c](#)
13. Descriptive analysis of collegiate dancer wellness [Chris Michaels AT/ATC, MS/c](#)
14. Dietary intake, body composition and satisfaction in pre-professional female contemporary dancers [Sarah Merler BA, MS/c](#)
15. Eating disorders that ballet dancers experience: a literature review [So Hui Lee BA, MS/c, Esther Hong BA, MS/c](#)
16. Effects of abrupt tempo changes on landing mechanics during repeated jumps for ballet dancers [Natsuko Oshima BS, DPT, Hui-Ting Goh PT, PhD, Cheng-Ju Hung PhD, Mark Weber PT, PhD](#)
17. Effects of dance interventions in cerebral palsy: a systematic review and meta-analysis [Eduardo Duarte Machado PT, Peter Wilson PhD, Michael Cole PhD, Laura Miller OT, PhD, Thomas McGuckian PhD](#)
18. Effects of dance on mobility, fatigue and quality of life in multiple sclerosis: a systematic review [Emily Davis BA](#)
19. Effects of dance on quality of life in Parkinson's disease: a systematic review with meta-analysis [Carlos Cristiano E. Guzzo Júnior MS/c, Eliamary Cristiane Teixeira da Silva BA, Enaile Farias Morais BS, Marcela Delabary MS/c, Aline Nogueira Haas PhD](#)
20. The effects of intervention protocols on dancers' balance: A systematic review [Isabela Panosso BA, Aline Nogueira Haas PhD, Danlei Senger, Carlos Cristiano E. Guzzo Júnior MS/c, Alex de Oliveira Fagundes MS/c, Izabela Gavioli PhD,](#)
21. Effects of stabilization vs. strength training in reducing dance injuries: a systematic review [Allison Wolf BS, Alyssa Taylor BS, BA, Jordan Wilhelm BS, Katie Fogarty BS, Annette Karim PhD, DPT](#)
22. Exploring physical and psychological factors associated with injuries in pre-professional ballet [Morgan Dondin MA, Carolina Baeza PhD](#)
23. Feasibility of dance for children with developmental disorders and preliminary effects on balance [Kelsey Kempner BFA, BS, Lise Worthen-Chaudhari MFA, PhD, Michelle Failla BS, PhD, Melanye White Dixon EdD, MFA, Susan Hadley MA, BA](#)
24. Injury and concussion rates in youth street dancers [Lan Tran, Allison George BA, Isla Shill MS/c, BS, Carolyn Emery PT, PhD, Sarah Kenny PhD](#)
25. Low back pain perceptions and coping strategies in pre-professional dancers [Kato Everaert MS/c, Amandine Blackman MS/c, PT, Timothee Cayrol MS/c, PT, Pascal Gielen PhD, Kieran O'Sullivan PhD, Eric Van Breda PhD, Nathalie Roussel PhD](#)
26. Mediating internal & external conditions to create a holistic repatterning approach [Lauren Kearns MFA, Madeline Spence BS](#)
27. My _____ hurts, should I keep dancing??? An examination of the dissemination of injured dancers [Paddy Jarit AT/ATC, PT](#)
28. Neuromodulation with Transcranial Direct-Current Stimulation: study of choreographic creativity [Izabela Gavioli PhD, Pedro Schestatsky PhD, Monica Fagundes Dantas PhD, Milena Artifon Ms/c, Andressa Shein PhD](#)
29. Novel knee strengthening protocol for knee strength and stability in dancers: a pilot study [Alissa Nehrlich BA, MS/c](#)

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30. Pointe: comparing quantitative measurements of pointe training readiness in amatorial ballet dancers [Luisanna Ciuti DC, MS/c](#)
31. Relationship between core endurance and low back pain in collegiate dancers [Trina Bellendir MS/c, PT](#), Chris Michaels AT/ATC, MS/c, Becky Palmer PT, Megan Brooks, Justin Rigby PhD
32. SomaLab®: efficiency in learning, expression in performance [Elizabeth Shea MS/c, BS](#)
33. Studio-based intervention for two different presentations of snapping hip in recreational ballet dan [Juliet Peck MD, BS](#)
34. Supporting social engagement in dance for Parkinson's programs: the case for ritual theory [Morgan Senter BS, MA](#), Orfhlaith Ni Bhriain PhD, Amanda Clifford PhD
35. Systematic review of psychological impacts on dance talent development [Erin Sanchez MS/c](#)
36. The effect of floor slipperiness on pirouette en dehors in ballet [Honoka Ishihara PT, BS](#), Noriaki Maeda PhD, PT, Makoto Komiya PhD, PT, Tsubasa Tashiro PT, MS/c, Mitsuhiro Yoshimi MS/c, PT, Hinata Esaki BS, PT, Yukio Urabe PT, PhD
37. The health-related benefits of practicing dance and Tai Chi among non-clinical adults [Jie Lu BA, MS/c](#), Jake Ngo CSCS, MS/c, Matthew Wyon PhD, Tracey Devonport PhD
38. The role of footwear on ground reaction forces of pre-professional dancers [Charles Siguenza MS/c, BFA](#), Winnie Mokashi BS, MS/c, PT, Coriene Smith BS, MS/c, Robert Otto PhD
39. Understanding the biomechanics and injury prevention education of Indian classical dancers [Kelli Sharp DPT, Pranamya Suri MD](#)
40. Validity and reliability of tools to assess musculoskeletal injuries in dancers: a systematic review [Isabela Panosso BA](#), Danrlei Senger, Marcela Delabary BA, MS/c, Carlos Cristiano E. Guzzo Júnior MS/c, Aline Nogueira Haas PhD, Manuela Angioi MS/c, PhD
41. Validity of the High Intensity Dance Performance Fitness Test in Undergraduate Contemporary Dancers [Allysan Lui](#), Jesse Oswald, John Holash PhD, MS/c
42. Video assessment of dancers and non-dancers [Marla McReynolds-Waldron DPT, PT](#), Cristina Fuentes Ortiz BFA, Alexandria Brownell BS, Caroline Levart BA, Amanda Fox BS, Swathi Madala BA, Neiladri Mallick BS, Mary Senzig BA, Laurel Daniels Abbruzzese EdD, PT

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