

33rd Annual Conference Program
October 12-15, 2023 | Columbus, Ohio, USA

Thursday, October 12				
Room	Hayes B/C	Hayes A	Hayes D	Hayes E
Time	Lecture	Lecture	Practical Sessions	Practical Sessions
8:00-8:45am	Conference Registration Tea, coffee, light breakfast <i>Exhibit Foyer</i>			
8:15-8:45am	Tabata Workout - IADMS Endowment Fund Movement Session Taught by IADMS Board Member Megan Richardson MS, Dipl Ac, LAc, ATC <i>Room: Hayes D. Registration required.</i>			
8:45-9:00am	Opening Remarks <i>Room: Hayes B/C</i>			
9:00-9:45amha	Keynote Presentation: Loud silent movement (my deaf journey) allow me to move loudly to listen to my spirit <u>Antoine Hunter/Purple Fire Crow</u> Moderator Nancy Kadel MD, IADMS Board President <i>Room: Hayes B/C</i>			
9:45-10:00am	Q&A			
Topic	Screening	General Clinical	Dance Education	Dance Training
Moderator	Sarah Needham-Beck PhD	Megan Richardson MS, ATC	Emma Redding MSc, PhD	Elizabeth Yutzey MFA
10:00-10:45am	Musculoskeletal screen performance data in collegiate dancers: a ten-year retrospective study <u>Monique Watson DPT, PT, Andrea Lasner DPT</u>	Perceptions of strength training in elite pre-professional ballet: a case study <u>Alexis Sunderlage CSCS, MS/c</u> Joseph W. Shaw MS/c, PhD, Jamie Harding BS, Niall MacSweeney CSCS, MS/c, Catherine Haber MS/c	Narrative medicine: Bridging the gap between dance medicine and education. <u>Giuliana Hazelwood LAC</u>	Dancers with scoliosis: a tale of two arabesque <u>Suzanne Koucheravy BS</u>
	Clinical screening tests identify professional ballet dancers at risk for injury <u>Teresa Smith PT, DPT, Alyson Filipa PT, DPT, Kevin Brown AT/ATC, Mark Paterno PhD, PT</u>	Tapping into fatigue: A qualitative exploration of tap dancers' experiences with fatigue <u>Megan Drabant BFA, MFA, James Brouner MS/c, PhD</u>		
	The Pointe Assessment Screen Shah Edison (PASSE) validation study <u>Bianca Edison MD, MS/c, Selina Shah MD, Dana Sheng MD, Jacquelyn Valenzuela-Moss BA, Tishya Wren PhD, Tracy Zaslow MD</u>	Fit to Dance Survey: injury rates, health and well-being habits of Brazilian South Region dancers <u>Isabela Panosso BA</u>		
10:45-11:00am	Q&A	Q&A	Q&A	Q&A

Program is subject to change.
All times are listed in Eastern Daylight Time.

ACCME Credit Designation Statement Amedco LLC designates this live activity for a maximum of 21.00 AMA PRA Category 1 Credits™ for physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Athletic Trainers (BOC) Credit Designation Amedco (BOC AP#: 4008163) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers (ATs). This program is eligible for a maximum of 21.00 Category A hours/CEUs. ATs should claim only those hours actually spent in the educational program.

33rd Annual Conference Program
October 12-15, 2023 | Columbus, Ohio, USA

Thursday, October 12				
Topic	Physician Committee SIG Highlight	Training	General Clinical	Dance Training
Moderator	David Popoli MD	Claire Hiller PT, PhD	Courtney Gleason MD	Elizabeth Yutzey MFA
11:00-11:45am	Aging dancer Donald Rose MD , Bebe Miller MFA , Lynn Neuman MSc, MFA , Marcia Edwards PsyD	Strength & conditioning: a panel on optimizing training and development for the 21st Century dancer Andrea Kozai CSCS, PhD , Jennifer Sydor, MFA , Jason Harrison CSCS, MA , Catherine Cullen DPT , Kurt Gorrell, DPT, CSCS	Dynamic ultrasound protocol of hip translational motion in dancers Andrea Stracciolini MD , Philip Montana MD , Heather Southwick PT	Exploring practice order and effects on skill acquisition in the ballet Christopher Hinton-Lewis MS/c, BS
11:45-12:00pm	Q&A	Q&A	Q&A	Q&A
12:00-2:00pm (Lunch break)	Physician Networking Luncheon <i>Executive Meeting Room</i>	Dance for Health Networking Luncheon <i>Meeting Room 30</i>	Dance Educator Networking Luncheon <i>Meeting Room 20</i>	Allied Healthcare Networking Luncheon <i>Meeting Room 21</i>
Topic	Foot & Ankle	Mental Health & General Research	Maternity	Dance Training
Moderator	Lauren Elson MD	David Popoli MD	Juncal Roman MSc, PT	Gayanne Grossman PT EdM, BFA, FIADMS
2:00-2:45pm	All in the family: Irish dance sisters with multiple 5th MT stress fractures Kristen Schuyten PT, DPT , Mark Riederer MD	Physical and psychological factors linked to pain and injuries in pre-professional ballet dancers Morgan Dondin BS, MS/c	Dance practice for a healthy pregnancy, birth, and recovery Ann Cowlin MA	Using data to empower students: pointe readiness and Functional Movement Screening at Houston Ballet Academy Jennifer Sommers, BA, MFA , Akihiro Kawasaki BS
	Healing the heel cord: a multi-disciplinary combined approach to tendinopathy management Jessica Waters PT, DPT , Caitlin Lewis MD	Conquering fear-avoidance following an acute knee injury in a professional ballet dancer Tiffany Marulli PhD, DPT		
		Examining the connection between trained lateral turning bias and stress response in college dancers Olivia Lanter , Jasmine Powell MFA, BA , Matthew Wittstein PhD		
2:45-3:00pm	Q&A	Q&A	Q&A	Q&A

Program is subject to change.
All times are listed in Eastern Daylight Time.

ACCME Credit Designation Statement Amedco LLC designates this live activity for a maximum of 21.00 AMA PRA Category 1 Credits™ for physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Athletic Trainers (BOC) Credit Designation Amedco (BOC AP#: 4008163) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers (ATs). This program is eligible for a maximum of 21.00 Category A hours/CEUs. ATs should claim only those hours actually spent in the educational program.

33rd Annual Conference Program
October 12-15, 2023 | Columbus, Ohio, USA

Thursday, October 12				
Topic	Dance Educators' Committee SIG Highlight	Mental Health	Dance for Health	General Clinical
Moderator	Jennifer Deckert MFA	Jo-Anne La Flèche MA, PhD	Inês Pinto MD, PhD	Megan Richardson MS, ATC
3:00-3:45pm	Identifying and interrupting racial and cultural bias Nyama McCarthy-Brown MFA, PhD	COVID-19 and the dancer's habitus: body image, eating habits, and wellness in female ballet dancers Trudy Kim BS , Maya Adam MD, Catherine Heaney PhD "Everyone should have felt safe": Former professional ballet students' experiences of maltreatment Sophie Wensel BA, MS/c , Gretchen Kerr PhD, MA Impact of the lockdown on the MSK injury of pre-professional ballet dancers: a longitudinal study Manuela Angioi PhD, MS/c , Juncal Roman Pastor MS/c, PT , Emily Gordon MBBS, BS	Supporting dancers through the fourth trimester and beyond Teresa Smith PT, DPT , Mary Beth Maas PT	Hands-on hip release Robin Prichard BFA, MFA
3:45-4:00pm	Q&A	Q&A	Q&A	Q&A
Topic	Dance for Health	General Clinical	Training	Dance Education
Moderator	Clare Guss-West Bhum, MA	Kathleen Davenport MD	Claire Hiller PT, PhD	Gayanne Grossman PT EdM, BFA, FIADMS
4:00-4:45pm	Brazilian dance x locomotor-balance remote training: effects on cognition in people with Parkinson's Aline Nogueira Haas BS, PhD , Andreia Paes Oliveira BS , Carla Luana Alves Costa BS , Marcela Zimmermann Casal MS/c , Marcela dos Santos Delabary MS/c , Carlos Cristiano Guzzo Júnior MS/c , Flávia Gomes Martinez PhD , Elren Passos Monteiro PhD	AGJ Howse Memorial Lecture Multidisciplinary Approach to the Elite Young Pre-Professional Dancer Heather Southwick PT , Tamara King , Lyle Micheli MD , Bridget Quinn MD , Laura Reece RD , Miriam Rowan PsyD	Pre-participation dance screening: a practical approach Catherine Vargo DPT, PT , Kimberly Veirs PhD, PT	Teaching skeletal anatomy by cueing embodied consciousness Donna Davenport EdD, BFA

Program is subject to change.
All times are listed in Eastern Daylight Time.

ACCME Credit Designation Statement Amedco LLC designates this live activity for a maximum of 21.00 AMA PRA Category 1 Credits™ for physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Athletic Trainers (BOC) Credit Designation Amedco (BOC AP#: 4008163) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers (ATs). This program is eligible for a maximum of 21.00 Category A hours/CEUs. ATs should claim only those hours actually spent in the educational program.

33rd Annual Conference Program
October 12-15, 2023 | Columbus, Ohio, USA

Thursday, October 12				
	<p>Impact of Virtual Dance and Exercise Program on People with Parkinson's Disease <u>Ann Heil, Jen Guy Metcalf MFA</u>, Bridgette Macapagal BS, Allie Knuckles BS, Alys Giordano BS, DPT, Srikant Vallabhajosula PhD</p>			
	<p>Student Research Award Winner Effect of movement and socialization on brain network segregation in people with Alzheimer's disease <u>Deepthi Thumuluri BS, MS/c</u>, Robert Lyday BS, Paul Laurienti MD, PhD, Christina Soriano MFA, Christina Hugenschmidt MS/c, PhD</p>			
4:45-5:00pm	Q&A	Q&A	Q&A	Q&A
5:00-5:15pm	Break			
5:15-6:15pm	Awards Ceremony			
6:30pm	<p align="center">Welcome Reception <i>Exhibit Foyer</i></p>			
7:00pm	<p align="center">Student Social <i>Tour of The Ohio State Jameson Crane Sports Medicine Institute and Department of Dance, Sullivant Hall</i></p>			

ACCME Credit Designation Statement Amedco LLC designates this live activity for a maximum of 21.00 AMA PRA Category 1 Credits™ for physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Athletic Trainers (BOC) Credit Designation Amedco (BOC AP#: 4008163) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers (ATs). This program is eligible for a maximum of 21.00 Category A hours/CEUs. ATs should claim only those hours actually spent in the educational program.

33rd Annual Conference Program
October 12-15, 2023 | Columbus, Ohio, USA

Friday, October 13				
Room	Hayes B/C Lecture	Hayes A Lecture	Hayes D Practical Sessions	Hayes E Lecture (Friday only)
7:45-8:45am	Floor-Barre Technique® - IADMS Endowment Fund Movement Session Taught by IADMS Board President Nancy Kadel MD <i>Room: Hayes D. Registration required.</i>			
8:00-9:00am	Conference Registration Tea, coffee, light breakfast <i>Exhibit Foyer</i>			
Topic	Linda and William Hamilton Dance Wellness Symposium			
Moderator	Manuela Angioi PhD, FIADMS			
9:00-10:00am	<div style="display: flex;"> <div style="flex: 1; padding-right: 10px;"> <p>Physical and mental workload in collegiate dancers <u>Kelley Wiese AT/ATC, MS/c</u>, Jatin Ambegaonkar AT/ATC, PhD, Jena Hansen-Honeycutt AT/ATC, PhD, Timothy Crum AT/ATC, Michael Toczko MS/c, Joel Martin PhD, Shane Caswell PhD</p> <p>Room to Zoom: virtual ballet and wellness classes to improve gait, balance, and quality of life <u>Elinor Harrison PhD</u>, Allison Haussler BS, Lauren Tueth PT, DPT, Gammon Earhart PhD, DPT</p> <p>Supporting physical literacy & social connection in dance classes for individuals with Parkinson's <u>Jenna Magrath BA, BS, Sarah Kenny MS/c, PhD</u>, Meghan S. Ingstrup MS/c, MA, Meghan H. McDonough PhD, Cari Din PhD</p> </div> <div style="flex: 4; background-color: #e67e22;"></div> </div>			
9:45-10:00am	Q&A			
Topic	Biomechanics	Dance Education	Training	Dance Science
Moderator	Gayanne Grossman PT EdM, BFA, FIADMS	Lauren Kearns MFA	Jill Descoteaux ATC, PhD	Victoria Fauntroy MS, ATC
10:00-10:45am	Capturing external workloads of university dancers using wearable technology <u>Valeriya Volkova BS, PhD, Sarah Kenny MS/c, PhD</u> , Lauren Benson PhD, Lan Tran BS, Kati Pasanen PhD, PT, Reed Ferber AT/ATC, PhD	The association between stress and injury: A prospective cohort study among dance students <u>Janine Stubbe PhD</u> , Diana van Winden PhD, Rogier van Rijn PhD	Toward a Modern Team-Based Strength and Conditioning Model for Professional Dance Companies <u>Jason Harrison CSCS, MA</u>	Challenges in theaters influencing the work ability of professional dancers: a qualitative study <u>Hannah Hofmann BA, MS/c</u> , Bianca Biallas MS/c, PhD

Program is subject to change.
All times are listed in Eastern Daylight Time.

ACCME Credit Designation Statement Amedco LLC designates this live activity for a maximum of 21.00 AMA PRA Category 1 Credits™ for physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Athletic Trainers (BOC) Credit Designation Amedco (BOC AP#: 4008163) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers (ATs). This program is eligible for a maximum of 21.00 Category A hours/CEUs. ATs should claim only those hours actually spent in the educational program.

33rd Annual Conference Program
October 12-15, 2023 | Columbus, Ohio, USA

Friday, October 13				
	The efficacy of strength and conditioning training on dance injury in pre-professional dancers Yanan Dang MA, MS/c , Yiannis Koutedakis PhD, Ruoling Chen PhD, Matthew Wyon MS/c, PhD	Newell's Model of Constraints: Applications to talent development in dance Jamie Hawke MA, MFA , Shannon Bredin MS/c, PhD		Perspective of a student: examining the culture of communication in screenings Riley Tiarks BS, BFA , Hannah Andersen MFA
	Spine biomechanics during ballet, modern, and hip-hop dance movements, performed at varying speeds Erica Henn MA , Jatin Ambegaonkar AT/ATC, PhD, Matthew Wyon MS/c, PhD, Tina Smith			Movement screens for aerialists and circus performers: A rapid review Krystle Celis-Palaganas AT/ATC, MS/c , Annette Karim DPT, PhD
10:45-11:00am	Q&A	Q&A	Q&A	Q&A
Topic	Readiness	General Clinical	Rehabilitation	Biomechanics
Moderator	Mandy Zhang MD	Nancy Kadel MD	Jill Descoteaux ATC, PhD	Emma Redding MSc, PhD
11:00-11:45am	Translation, cultural adaptation and validity of the Portuguese version of the Fit to Dance? survey Adriano Bittar PhD, PT , Aline Nogueira Haas BS, PhD, Valéria Figueiredo BS, PhD, Andreja Picon BS, PhD, Isabela Panosso BA, Vitória Gomes	Interdisciplinary evaluation, management and rehabilitation of tendinopathy in professional ballet Kerri Regan PT, DPT , Bridget Quinn MD , Heather Southwick PT , Pierre D'Hemecourt MD	Jump ahead: matching rehabilitation jump exposures to performance in dance medicine Derek Piszczek DPT, CSCS , Carina Nasrallah AT/ATC	Posterior kinetic chain in the rehabilitation of dancers Lori Ross PT , Amy Krahe PT
	Beginning with the end in mind Samantha Amway DPT , Ashley Lea DPT			Spatiotemporal gait parameters during overground walking in professional ballet dancers Caroline Simpkins MS/c, BS , Feng Yang PhD
	Injury incidence and severity in Chinese pre-professional dancers: a prospective monitoring survey Yanan Dang MA, MS/c , Yiannis Koutedakis PhD, Ruoling Chen PhD, Matthew Wyon MS/c, PhD			Do swing dancers experience greater hip demands during partner compared to solo dancing?: Case Study Mia Peru BS , Michael Rowley PhD
11:45-12:00pm	Q&A	Q&A	Q&A	Q&A

33rd Annual Conference Program
October 12-15, 2023 | Columbus, Ohio, USA

Friday, October 13				
12:00-2:00pm (Lunch break)	Roundtable Lunches <i>Meeting Room 20 & 21. Registration Required</i>			
	Table Topic		Moderator	
	The Plant-Powered Dance		Lauren Kearns, MFA (she/hers)	
	Return to Stage- Guidelines		Hope David-Coen MS, AT (she/hers)	
	Biomechanics - How to broaden the representation of dance styles		Michael Rowley, PhD (he/him)	
	Hip labral tears- best management and return to dance		Gayanne Grossman PT, EdM, BFA, FIADMS (she/hers)	
	Screening: Education and Clinic Focus		Emma Redding PhD (she/hers) & Alison Deleget, MS, ATC (she/her)	
	JDMS - Write a Good Paper and Publish it!		Jatin Ambegaonkar, PhD ATC FIADMS (he/him)	
	Accessibility in the Dance Community		Bradford Chin, MFA (he/they)	
	Maintaining mental health and self-care while pursuing performance excellence		Jo-Anne LaFleche MA, PhD (she/hers) Member of the IADMS Mental Health Advisory Group	
	Mentoring- How to be a good mentor?		Kelli Sharp DPT (she/hers) & David Popoli MD (he/him)	
Tele-Dance		Manuela Angioi, PhD, FIADMS (she/hers)		
12:15-12:45pm	Afro-Contemporary Dance Class - IADMS Endowment Fund Movement Session Taught by IADMS Board Member Zahara Carpenter BFA <i>Hayes D. Registration required.</i>			
12:45-2:00pm	Student to Student Networking Event <i>Meeting Room 30. Registration required.</i>			
Topic	Physician Committee SIG Highlight	Diversity, Equity, Inclusion	Dance Education/Mental Health	Dance Training
Moderator	David Popoli MD	Joe Bowie BA	Lynda Mainwaring PhD, CPsych	Sarah Needham-Beck MSc, PhD
2:00-2:45pm	Dancers' spine Pierre D'Hemecourt MD , Susan Mayes PhD, PT , William Clifton MD	The importance of having strategies in place for neurodivergent (ND) dancers Jennifer Milner , Linda Bluestein MD , Kristin Koskinen RDN , Kathleen McGuire Gaines BA	Consent in dance: implications, impact and collective solutions Karine Rathle MS/c , Jo-Anne LaFleche MA, MS/c	Investigating applied anatomical information on a dancer's sense of execution and performance Devyn Battaglia BS , Lauren Kearns MA, MFA
				Exploring the relationship between risk and flow in contact improvisation Vanessa Reiser BS, MS/c , Liliana Araújo PhD
2:45-3:00pm	Q&A	Q&A	Q&A	Q&A
Topic	General Research	Research and SCMI	Mental health	General Clinical
Moderator	Mandy Blackmon DPT	Jatin Ambegaonkar PhD, ATC, OT, CSCS	Paula Thomson PsyD	Lauren Elson MD
3:00-3:45pm	Proposal for return to dance clinical practice guidelines for professional dancers Sarah Edery-Altas PT, DPT	10-year update of the 2012 IADMS Standard Measures Consensus Initiative Sarah Kenny BA, PhD, MS/c , Marijeanne Liederbach PhD, PT , Janine Stubbe PhD , Joshua Honrado ATC , Chris Swain PhD , Claire	How to support a dancer who is experiencing a mental health crisis Britney Brinkman PhD , Kathleen McGuire Gaines BA , Antoinette Donofrio BA	The effect of pointe shoe condition on the vertical ground reaction force in landing. Natsuki Yoshida MS/c, BS

Program is subject to change.
All times are listed in Eastern Daylight Time.

ACCME Credit Designation Statement Amedco LLC designates this live activity for a maximum of 21.00 AMA PRA Category 1 Credits™ for physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Athletic Trainers (BOC) Credit Designation Amedco (BOC AP#: 4008163) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers (ATs). This program is eligible for a maximum of 21.00 Category A hours/CEUs. ATs should claim only those hours actually spent in the educational program.

33rd Annual Conference Program
October 12-15, 2023 | Columbus, Ohio, USA

		Hiller PhD, Tom Welsh PhD		
--	--	---------------------------	--	--

Friday, October 13				
		Dance science: The value of mixed methods research Danielle Jarvis AT/ATC, PhD , Angela Pickard MA, PhD , Catherine Haber MS/c, MA , Manuela Angioi PhD, MS/c, Aline Nogueira Haas BS, PhD		Success of non-operative management of adductor longus tendon rupture in a musical theater performer Elizabeth Riggsbee DPT , Matthew Grierson MD , Rachel Morin DPT Return to dance protocol following a femoral fracture Victoria Fauntroy AT/ATC, MS/c
3:45-4:00pm	Q&A	Q&A	Q&A	Q&A
Topic	Dance Educators' Committee SIG Highlight	Rehabilitation	IADMS Student Committee	General Clinical
Moderator	Joe Bowie BA	Hope Davis Coen MS, AT	Elizabeth Yutzey MFA	Claire Hiller PT, PhD
4:00-4:45pm	Bendy bodies, bendy brains: Implications for dance Jessica Eccles MRCPsych, MSc, PhD	Rehab to rehearsal: bridging the gap from therapy to class in the pediatric pre-professional dancer Aimee Heslop BFA, DPT , Claire Wessells	Laying the Groundwork for your Dream Career Melissa Mishkin BS , Vivian Corey BFA , Katherine Elder, Nicole Greene-Cramer BFA , Caroline Joy BS , Alissa Nehrlich MSc, BA , Stephanie Pittman MSc , Vanessa Reiser BS , Ella Sanders BS , Mackinsey Shahan MS, RDN , Yurina Tsubaki PT , Sarah Vella	Irish Dance Screening Tools: A Systematic Review Amy Humphrey PT, DPT , Kathleen Walsh PT, DPT , Annette Karim DPT, PhD Developing Injury Surveillance for Dance-Related Sports: A Review of Injury Research on Cheerleading Momoko Sato AT/ATC, MS/c , Kumiyo Kai MFA,
4:45-5:00pm	Q&A	Q&A	Q&A	Q&A
Topic	IADMS Mental Health Advisory Group Networking Event		IADMS Endowment Fund Movement Session	Student to Professional Networking Event
Moderator	Alexander McKinven MSc, PT			IADMS Student Committee
5:15-6:15pm	Effectively recognizing and supporting emotional responses in dancers Eléonora Abreu MD , Imogen Aujla PhD , Nancy Kadel MD , Jo-Anne La Flèche MA, PhD , Nicoletta P. Lekka MD, PhD , Peter Lewton-Brain PhD, DO , Kathleen McGuire Gaines, BA , Gene Moyle DPsych, MPsych , Inês Pinto MD, PhD , Bonnie Robson MEd, DCP , Paula Thomson PsyD , Lynda Mainwaring PhD , CPsych		Salsa Dance Class - IADMS Endowment Fund Movement Session Taught by IADMS President-Elect Kathleen Davenport MD (she/hers) and IADMS Board Member Lauren Elson MD (she/hers) <i>Registration required. Ends at 5:45pm.</i>	Student to Professional Networking Event hosted by IADMS Student Committee <i>Registration required.</i> Meeting Room 20

Program is subject to change.
All times are listed in Eastern Daylight Time.

ACCME Credit Designation Statement Amedco LLC designates this live activity for a maximum of 21.00 AMA PRA Category 1 Credits™ for physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Athletic Trainers (BOC) Credit Designation Amedco (BOC AP#: 4008163) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers (ATs). This program is eligible for a maximum of 21.00 Category A hours/CEUs. ATs should claim only those hours actually spent in the educational program.

33rd Annual Conference Program
October 12-15, 2023 | Columbus, Ohio, USA

8:00pm	BalletMet Dance Performance <i>OnStage</i> <i>Tickets required.</i>
--------	--

Saturday, October 14				
Room Time	Hayes B/C Lecture	Hayes A Lecture	Hayes D Practical Sessions	Hayes E Practical Sessions
7:45-8:45am	Irish Jig - IADMS Endowment Fund Movement Session Taught by Local Dance Teacher Ciara Budi from The Academy. <i>Room: Hayes D. Registration required.</i>			
8:00-9:00am	Conference Registration Tea, coffee, light breakfast <i>Exhibit Foyer</i>			
9:00-10:15am	33rd Annual Membership Meeting <i>Room: Hayes B/C</i>			
10:15-10:30am	Break			
Topic	General Clinical	Dance for Health	Foot & Ankle	Dance Education
Moderator	Victoria Fauntroy MS, ATC	Mandy Zhang MD	Mandy Blackmon DPT	Alexander McKinven MSc, PT
10:30-11:15am	Injuries and access to healthcare in competitive university dance team dancers <u>Cassandra Everhart</u> , Samantha McFadden BA, Payton Ibos BA, Melissa McGhee, Jeff Russell AT/ATC, PhD	Community dance artists as curators of safe dancing spaces for older adults <u>Louisa Petts BA, MS/c</u>	Cuboid instability: Identification and Treatment in Dancers <u>Emily Hornyak AT/ATC, Elizabeth Ballard PT, DPT</u>	Using augmented reality holographic anatomy in dance screening education <u>Gary Galbraith MFA, Karen Potter MFA, Steven O'Neill BA, Susanne Wish-Baratz PhD</u>
	Establishing trust in the dancer-provider relationship: what happens when providers "speak dance"? <u>Sara Paul PA-C, Mark Dundas MD</u>	Ballet after breast cancer: Participant experiences of a ballet program after breast cancer <u>Rachel Ward PhD, Eliza Macdonald MS/c, Briana Clifford PhD, David Simar PhD</u>		
	Injuries sustained and healthcare sought by dancers working in the commercial dance industry <u>Jeff Russell AT/ATC, PhD, Stephanie Petery AT/ATC, MS/c, Leanne Hodgson, Rithiely Pereira</u>	Fridõmù Kõnifáindi: A Solo Dance Project on Healing, Activism, and Practice as Research <u>Samson Akanni BA, MA</u>		
11:15-11:30pm	Q&A	Q&A	Q&A	Q&A

Program is subject to change.
All times are listed in Eastern Daylight Time.

ACCME Credit Designation Statement Amedco LLC designates this live activity for a maximum of 21.00 AMA PRA Category 1 Credits™ for physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Athletic Trainers (BOC) Credit Designation Amedco (BOC AP#: 4008163) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers (ATs). This program is eligible for a maximum of 21.00 Category A hours/CEUs. ATs should claim only those hours actually spent in the educational program.

33rd Annual Conference Program
October 12-15, 2023 | Columbus, Ohio, USA

Saturday, October 14				
Topic	General Research	Dance Science	Dance for Health and Physician Committee SIG Highlight	Dance Training
Moderator	Jill Descoteaux ATC, PhD	Manuela Angioi PhD, FIADMS	Rachel Ward PhD	Jatin Ambegaonkar PhD, ATC, OT, CSCS
11:30-12:15pm	The effect of dance on psychological and cognitive health: a systematic review and meta-analysis Alycia Fong Yan PhD , Clifton Chan PhD, PT, Leslie Nicholson PhD, PT, Claire Hiller PhD, Rachel Ward PhD, Helen Parker PhD, BS, Kathryn Dovey BS, MS/c, Gene Moyle PsyD	Expertise mediates eye movement patterns that predict perceptual judgment in vertical dance Margaret Wilson PhD , Qin Arthur Zhu PhD, Xiaoye Michael Wang PhD, Jing Samantha Pan PhD	Dance through pregnancy - pregnancy through dance Angela Pickard PhD , Farah Hameed MD , Ann Cowlin MA CSM CCE	Scoliosis, hypermobility and dancing: intentional co-existence for artistic excellence Suzanne Martin BFA, DPT , Linda Bluestein MD
	Injury surveillance to promote injury risk reduction in a university dance department Kimberly Veirs PhD, PT , Wendee Lentz PhD, AT/ATC	Self-regulatory skills in pre-professional dance students Rogier van Rijn PhD		
	Nutrition for dancers in higher education: Survey results from dance educators Mackinsey Shahan RDN, PhD , Joy Douglas PhD, RD, Amy Ellis PhD, RDN, Seung Eun Jung PhD, RDN, Deidre Leaver-Dunn PhD, AT/ATC, Toni Torres-McGehee AT/ATC, PhD, Stefania Wind PhD, Jeannine Lawrence RDN, PhD			
12:15-12:30pm	Q&A	Q&A	Q&A	Q&A
12:30-1:15pm	IADMS Operational Committee's Member Lunch (For IADMS Operational Committee members <i>only</i>)			
1:15-2:00pm	Exhibitor & Committee Chair Meet & Greet <i>Exhibit Foyer</i>			

ACCME Credit Designation Statement Amedco LLC designates this live activity for a maximum of 21.00 AMA PRA Category 1 Credits™ for physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Athletic Trainers (BOC) Credit Designation Amedco (BOC AP#: 4008163) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers (ATs). This program is eligible for a maximum of 21.00 Category A hours/CEUs. ATs should claim only those hours actually spent in the educational program.

33rd Annual Conference Program
October 12-15, 2023 | Columbus, Ohio, USA

Saturday, October 14				
Topic	Mental Health	Journal of Dance Medicine and Science	Dance Training	Diversity, Equity, Inclusion
Moderator	Gayanne Grossman PT EdM, BFA, FIADMS	Matt Wyon PhD	Jason Harrison CSCS, MA	Courtney Gleason MD
2:00-2:45pm	<p>Navigating time away from dance: preventing adverse physical, mental, and creative outcomes Joshua Honrado AT/ATC</p> <p>Predictors of coping strategies in dancers with and without Posttraumatic Stress Disorder (PTSD) Paula Thomson PsyD, Sarah Victoria Jaque PhD, Mariko Iwabuchi PhD</p> <p>The relationship between psychological flow and shyness in dancers Mariko Iwabuchi PhD, Paula Thomson PsyD, Sarah Victoria Jaque PhD</p>	<p>Scholarly writing for publication: tips for success from the JDMS editors Wendy Coates MD, Lynda Mainwaring PhD, Derrick Brown MS/c, PhD, Emma Redding MS/c, PhD, Janine Stubbe PhD, Rachel Ward PhD, Matthew Wyon MS/c, PhD, Jatin Ambegaonkar AT/ATC, PhD</p>	<p>Conditioning for strength, proprioception, and movement efficiency: a neuromuscular movement session Jennifer Milner</p>	<p>Empowering inclusivity in dance Aalaya Milne MS/c, Ashley Stirling PhD</p>
2:45-3:00pm	Q&A	Q&A	Q&A	Q&A
Topic	Foot and Ankle	Diversity, Equity, Inclusion	Mental Health	Dance Training
Moderator	Nancy Kadel MD	Matthew Grierson MD	Alexander McKinven MSc PT	Lauren Kearns MFA
3:00-3:45pm	<p>Student Research Award Winner</p> <p>The investigation of the effect of the forced turnout on the first tarsometatarsal joint mobility Honoka Ishihara MS/c, PT, Noriaki Maeda PhD, PT, Makoto Komiya PhD, PT, Shogo Tsutsumi MS/c, PT, Satoshi Arima MS/c, PT, Miki Kawai BS, PT, Yuki Tamura BS, PT, Yukio Urabe PT, PhD, Tsubasa Tashiro PT, PhD</p> <p>Association between calf muscle endurance and the incidence of foot and</p>	<p>The transgender and gender diverse population in performing arts Marisa Hentis PT, DPT, Pamela Mikkelsen PT, DPT</p>	<p>Recognizing and navigating typical and different patterns of psychosocial development in dancers Eléonora Abreu MD, Imogen Auja PhD, Nancy Kadel MD, Jo-Anne La Flèche MA, PhD, Nicoletta P. Lekka MD, PhD, Peter Lewton-Brain PhD, DO, Kathleen McGuire Gaine, BA, Gene Moyle DPsych, MPsych, Inês Pinto MD, PhD, Bonnie Robson MdD, DCP, Paula Thomson PsyD, Lynda Mainwaring PhD, CPsych</p>	<p>Let's dance smarter, not harder! Guidance on designing your dance season calendar with periodization Alyson Filipa PT, Teresa Smith PT, Mary Beth Maas PT</p>

Program is subject to change.
All times are listed in Eastern Daylight Time.

ACCME Credit Designation Statement Amedco LLC designates this live activity for a maximum of 21.00 AMA PRA Category 1 Credits™ for physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Athletic Trainers (BOC) Credit Designation Amedco (BOC AP#: 4008163) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers (ATs). This program is eligible for a maximum of 21.00 Category A hours/CEUs. ATs should claim only those hours actually spent in the educational program.

33rd Annual Conference Program
October 12-15, 2023 | Columbus, Ohio, USA

	ankle injuries in ballet. <u>Erica Gethen Smith</u> MS/c, BS, Juncal <u>Roman Pastor</u> MS/c, PT, Manuela Angioi PhD, MS/c, Callum East MS/c, BS			
--	---	--	--	--

Saturday, October 14				
	Association between calf muscle endurance (CME) and foot & ankle injury in pre-professional dancers Manuela Angioi MS/c, PhD Erica Gethen Smith BS, MS/c, Callum East BS, MS/c, Juncal Roman Pastor MS/c, PT			
3:45-4:00pm	Q&A	Q&A	Q&A	Q&A
Topic	Biomechanics	Screening	Rehabilitation	Dance Training
Moderator	Jill Descoteaux ATC, PhD	Lauren Elson MD	Mandy Zhang, MD	Sarah Needham-Beck MSc, PhD
4:00-4:45pm	Foot contact pressures in pliés performed supine on the Pilates reformer versus standing <u>Karen Clippinger</u> , Natalie Wong MS/c, Jill Crussemeyer PhD Student Research Award Winner The effect of toe padding on pressures on the forefoot in pointe shoes during rises <u>Kristin Higgins</u> BS, MS/c, Celena Scheede-Bergdahl MS/c, PhD, David Pearsall MS/c, PhD, Shawn Robbins MS/c, PhD Can musculoskeletal simulations increase our insights in dance biomechanics? <u>Elias Kai Wallnöfer</u> MS/c, Hans Kainz PhD	Injury surveillance and management programs in dance: A multi-facted approach <u>Meghan Critchley</u> PhD, <u>Sarah Kenny</u> BA, PhD, MS/c, <u>Garrett Bullock</u> DPT, <u>David Popoli</u> MD	How much is too much? Ballet related overuse patterns in the pelvis: an interactive team approach. <u>Kendall Alway</u> BFA, DPT, <u>Alicia Head</u>	Street to the studio: Injury prevention strategies for the fundamental movements of Hip Hop <u>Kelli Sharp</u> DPT, <u>Aryian Johnson</u> MA, Rachel Sunico MD, Clara Yuh AT/ATC, MD
4:45-5:00pm	Q&A	Q&A	Q&A	Q&A
5:15: -6:15pm	Poster Presentation Q&A			

Program is subject to change.
All times are listed in Eastern Daylight Time.

ACCME Credit Designation Statement Amedco LLC designates this live activity for a maximum of 21.00 AMA PRA Category 1 Credits™ for physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Athletic Trainers (BOC) Credit Designation Amedco (BOC AP#: 4008163) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers (ATs). This program is eligible for a maximum of 21.00 Category A hours/CEUs. ATs should claim only those hours actually spent in the educational program.

33rd Annual Conference Program
October 12-15, 2023 | Columbus, Ohio, USA

	<i>Exhibit Foyer</i>
8:00pm	Evening Party @ Hotel

Sunday, October 15				
Room	Hayes B/C Lecture	Hayes A Lecture	Hayes D Practical Sessions	Hayes E Practical Sessions
7:45-8:45	Floor-Barre Technique® - IADMS Endowment Fund Movement Session Taught by IADMS Board President Nancy Kadel MD <i>Room: Hayes D. Registration required.</i>			
8:15-8:45	Myofascial Warm-up - IADMS Endowment Fund Movement Session Taught by IADMS Board Member Gayanne Grossman PT, EdM, BFA, FIADMS <i>Room: Hayes E. Registration required.</i>			
8:00-9:00am	Conference Registration Tea, coffee, light breakfast Exhibit Foyer			
Topic	General research	Mental Health	Foot and Ankle	Dance for Health
Moderator	Kathleen Davenport MD	Paula Thomson PsyD	Mandy Blackmon DPT	Zahra Carpenter BFA
9:00-9:45am	Measuring internal workload in university dancers while considering wellness factors Valeriya Volkova BS, PhD , Sarah Kenny PhD, MS/c , Andrew Pohl BS, Kati Pasanen PhD, PT, Reed Ferber PhD, AT/ATC Dynamic ultrasonography of hip translational motion in professional ballet dancers Philip Montana MFA, MD , Dai Sugimoto PhD, AT/ATC , Pierre d'Hemecourt MD , Heather Southwick PT , Bridget Quinn MD , Andrea Stracciolini MD , Alexandria Howard CSCS, DPT , Hung Le MD	Social support: what is it and who has it? Ellie Kusner MS/c , Erin Sanchez MS/c , Joshua Honrado ATC , Paula Thomson PsyD	Pre-class neuromuscular warm-up for prevention and self-management of foot and ankle dysfunction Sally Donaubaauer DPT , Natalie Imrisek MS/c, PT , Megan Richardson LAc, AT/ATC	Traditional African dances as compelling tools to improve mental and physical health Olabanke Goriola BA, MA , Samson Akanni BA, MA
9:45-10:00am	Q&A	Q&A	Q&A	Q&A
Topic	Screening	Dance Educators' Committee SIG Highlight	Nutrition	Dance Training
Moderator	Sarah Needham-Beck MSc, PhD	Joe Bowie BA	Matthew Grierson MD	Megan Richardson MS, Lac, ATC
10:00-10:45am	Impact of conditioning program on balance in high school dance teams Christine Bergeron BA, MFA , Carisa Armstrong BS, MFA , Alexandra Pooley BS, MFA, MS/c	Enhancing accessibility in dance education Bradford Chin BFA, MFA	What you don't know will hurt your dancers: Debunking eating disorders myths Sasha Gorrell PhD , Monika Saigal RD	Pilates: lower body training using the Theraband Lauren Kearns MA, MFA

Program is subject to change.
All times are listed in Eastern Daylight Time.

ACCME Credit Designation Statement Amedco LLC designates this live activity for a maximum of 21.00 AMA PRA Category 1 Credits™ for physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Athletic Trainers (BOC) Credit Designation Amedco (BOC AP#: 4008163) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers (ATs). This program is eligible for a maximum of 21.00 Category A hours/CEUs. ATs should claim only those hours actually spent in the educational program.

33rd Annual Conference Program
October 12-15, 2023 | Columbus, Ohio, USA

	Relationship between dance training exposure, energy availability, and injury in collegiate dancers Allison Seifert Gonzales PhD, CSCS Isabella Galdamez			
--	---	--	--	--

Sunday, October 15					
10:45-11:00am	Q&A	Q&A	Q&A	Q&A	
11:00-11:15am	Break				
Topic	Nutrition	Allied Healthcare Professionals SIG Highlight	Screening		
Moderator	Matthew Grierson MD	Hope Davis-Coen MS, AT, Samantha Amway DPT, Tiffany Marulli DPT, PhD	Alexander McKinven MSc PT		
11:15-12:00pm	<p>Communication, conformity and the influence of social media on dancers and eating disorders Dawn Smith-Theodore MA</p> <p>Dietary choices of collegiate dancers using the Rapid Eating Assessment for Participants--(REAP-S) Jatin Ambegaonkar AT/ATC, PhD, Ann Brown PhD, Joel Martin PhD, Kelley Wiese AT/ATC, MS/c, Jena Hansen-Honeycutt AT/ATC, PhD</p> <p>Nutrition interventions to promote sleep and recovery for the dancer Katie Nabors MFA, RD</p>	An ankle sprain can happen to all dancers Melody Hrubes MD , Susan Mayes PT, PhD , Carina Nasrallah MS, ATC, LAT, CISSN, PAM-C , Jennifer Janowski PT, DScPT, OCS, FAAOMPT, CSCS	The Dance-Specific Movement Competency Screen: An experiential workshop Hannah Andersen MFA , Riley Tiarks BS, BFA , Kristen Robertson PT, DPT , Veronica Prieur DPT, PT , Abby Skallerud BA, BS, DPT, PT, BFA , Marie-Eve Pepin DPT, PT , Lisa McCabe BS		
12:00-12:15pm	Q&A			Q&A	Q&A
Topic	General Research			Dance Education	Dance Science
Moderator	Lauren Elson MD	Jason Harrison CSCS, MA	Sarah Needham-Beck MSc, PhD		
12:15-1:00pm	Navigating the tensions of dance and science in an emerging research field Frances Clarke MS/c, PhD , Naomi Lefebvre Sell MA, PhD , Derrick Brown MS/c, PhD , Matthew Wyon MS/c, PhD		Implementing a co-teaching protocol to integrate dance conditioning into the technique class Teal Darkenwald BS, MFA	Body of ice and feet of flames: the art and science of Irish dancing Mary Claire Such AT/ATC, DPT , Leigh Alexander BA, DPT	
1:00-1:15pm	Q&A	Q&A	Q&A	Q&A	
1:15-2:00pm	<p align="center">Closing Remarks Room: Hayes B/C</p>				

ACCME Credit Designation Statement Amedco LLC designates this live activity for a maximum of 21.00 AMA PRA Category 1 Credits™ for physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Athletic Trainers (BOC) Credit Designation Amedco (BOC AP#: 4008163) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers (ATs). This program is eligible for a maximum of 21.00 Category A hours/CEUs. ATs should claim only those hours actually spent in the educational program.

33rd Annual Conference Program
October 12-15, 2023 | Columbus, Ohio, USA

Poster Presentations

Poster Q&A Saturday October 14 5:15-6:15pm
Exhibit Foyer

1. A biomechanical comparison of 'large and small' breasts motion: A matched-pair case study Amelia Millward BA, MFA, James Brouner MS/c, PhD
2. A dance-based movement intervention to address scoliosis in college dance students. Lauren Kearns BA, MFA, Madison Boyer BS
3. An inside look into the training and experiences of youth competitive dancers under the age of 18 Kendall Baab BA, MS/c
4. Benefits of a dance program for enhancing mood associated with brain activity: a fNIRS study Kaori Inoue BA, Yudai Yamazaki PhD, Ryuta Kuwamizu PhD, Lee Dongmin MS/c, Hideaki Soya PhD
5. Bridging the divide: cross training in technique class Riley Tiarks BS, BFA, Hannah Andersen MFA
6. Comparing gluteal muscle activation for gesturing and supporting legs during ballet movements Victoria Conn, Jessica Washington PhD, CSCS, David Elmer CSCS, PhD, Sara Pecina MFA, BA
7. Custom, not cookie-cutter: a how-to guide for designing dancer warm-up and cool-down exercises Exercises Kristen Schuyten PT, DPT
8. Effects of attentional Focus on EMG activity and leg-raise angle during the développé in ballet Miki Ueda BA, Mayumi Kuno-Mizumura PhD
9. Effects of COVID-19 quarantine restrictions on training and injury in ballet dancers Bianca Edison MD, MS/c, Selina Shah MD, Dana Sheng MD, Jacquelyn Valenzuela-Moss BA, Tracy Zaslow MD, Tishya Wren PhD
10. Enhancing function during développé: mesenteric external targeted manipulation vs. active stretching Peter Lewton-Brain DO, MA, Emma Redding MS/c, PhD, Annabelle Couillandre PT, PhD
11. Exploration of the personal and socioeconomic impact of the COVID-19 pandemic in performing artists Karin Steere DPT, PhD, Liz Corwin DPT, Morgan Kelly DPT, Hannah Collopy DPT
12. Exploring body language through creative movements Mary Matthews

33rd Annual Conference Program
October 12-15, 2023 | Columbus, Ohio, USA

13. External focus of attention applied to motor learning and performance aspects in dance training Katja Bjørneboe MA, Andrea Schärli PhD
14. Foamtastic fitness: using foam rollers for core strengthening exercises and more. Katie Rodrick AT/ATC, CSCS, Jessica Waters DPT, PT
15. From stage to clinic: the therapeutic relationship between an Irish dancer and a physical therapist. Leigh Alexander BA, DPT, Sheryl Holt BS, DPT, PhD
16. Impact of Stretching vs Strengthening Methods on Anterior Tilt in Collegiate Dancers Eliza Milner, Abigail Dang, Brianna Mendoza
17. Injury prevalence and characteristics in female elite adult competitive Irish dancers Cassandra Brandford BS, Sarah Kenny BA, PhD, MS/c, Amanda Black PhD (Poster Award Winner)
18. Patellar tendinopathy in a professional ballet dancer- rehabilitation with platelet rich plasma Natasha Muppala BS, Matthew Grierson BS, MD, BFA
19. Relationship between dance training, body composition, and dietary profile Aydan Jordan BS, Ann Brown PhD, Samantha Brooks PhD, Catherine Saenz PhD, RD, David Sanders CSCS, PhD, Lacey Braken AT/ATC
20. Self-reported participation and injury trends in pre-adolescent studio dancers Alli George BA, Sarah Kenny MSc, PhD, Amanda Black PhD
21. Slowing down the beat: applying pacing in dance populations. Leigh Alexander BA, DPT
22. Use of experiential anatomy education for adolescent competitive and/or preprofessional dancers Alyssa Arms PT, DPT